SAFETY HANDBOOK

ALCOHOL AWARENESS
Statistics and Consequences
Alcohol-Free Events and Activities

CAMPUS SAFETY
Emergency Preparedness
Reporting a Crime

PERSONAL WELL-BEING
Sexual Assault Prevention
Campus Resources

BALL STATE UNIVERSITY
Division of Student Affairs
Dear Student:

A warm Cardinal welcome to you! It is our hope and expectation that you take advantage of opportunities inside and outside the classroom to discover and engage in campus life. The University offers a wide range of co-curricular opportunities to help you explore your interests, develop life skills and competencies, gain leadership expertise, and participate in community engagement. At the same time, we set forth expectations for personal responsibility, academic integrity, and respect for self and others, as stated in the Beneficence Pledge.

It is every member's responsibility to Step In. Speak Up. and assist in creating a safe community for students, faculty, staff, and guests. This booklet contains important information about personal and campus safety, emergency communications, campus and community resources, alcohol-alternative activities, and your responsibility as a member of the Ball State and greater Muncie communities.

We want you to have an enjoyable and safe experience here at Ball State University—one that will lead to a fulfilling career and meaningful life. One factor in your safety is your knowledge and awareness of high-risk behaviors involving alcohol and other drugs. This behavior is neither admirable nor productive, and many students suffer unexpected and unwanted consequences related to these actions. Take time to familiarize yourself with the information and resources highlighted in this booklet to ensure a successful, fun, and safe career at Ball State.

Sincerely,

Ro-Anne Royer Engle
Vice President for Student Affairs
Emergency Preparedness

Ball State has safety protocols for a long list of emergency situations that are rare yet possible. Please take a moment to review information at bsu.edu/prepared, and bookmark this website on your computer and smartphone browsers. This guide is your first resource in the event of an emergency.

Ball State uses three communications modes related to safety:

• **Emergency warnings**: These are delivered simultaneously via the University website, email, and mobile text messages (to those who subscribe) when there is an immediate threat to the campus community. This system is used when immediate and specific action by students is likely to protect them from imminent danger. This system is also used when the University cancels classes or the campus is closed. Visit bsu.edu/emergencytext to subscribe to receive text messages.

• **Public safety advisories**: These provide official information about incidents on or near campus. Public safety notices are sent to make students, faculty, and staff more cautious. These messages do not call for specific action but are sent to raise awareness, remind individuals to practice good safety habits, or minimize rumors.

• **BSUInform Notices**: These are sent through Ball State email when a situation is not an emergency and does not pose an immediate threat but are of significant safety interest to members of the Ball State community. It may be a crime that occurs off campus. The service is intended to make students and employees aware by providing information about a situation.

The Ball State website (bsu.edu) is the official source of information in the event of an emergency. Other official sources include University email and opt-in text messaging. Information such as safety instructions for students, faculty, and staff will be provided to the campus community through these official sources. In the event of a threat to human safety on campus, you may be asked to “shelter in place.” This means you need to stay where you are until police or a campus administrator gives you an all-clear. You should not go to class or any other event or activity. Any official directions from the University sent to you via text or posted to our homepage take precedence over what your professor may advise you.

Severe Weather Communications

Emergency warning sirens are activated to alert the public of impending danger, such as a tornado. The emergency warning sirens, which are tested at 11 a.m. each Friday, emit a continuous three-minute warning.

When the National Weather Service issues a tornado warning, Ball State will post pertinent information on bsu.edu and send a text message to subscribers through the University’s emergency text messaging system. Continue to monitor the weather via radio or television until the tornado warning has been lifted for your area. The University sends weather related text alerts for tornado warnings only. To receive notifications about other types of weather watches, warnings, and advisories, you may want to explore free alert services such as those offered by weatherchannel.com and emergencyemail.org.

Campus Safety

Although the crime rate at Ball State is very low, you should still take steps to protect yourself and others. Making Ball State a less attractive target for criminal activity creates a safer community for everyone. A few tips for personal safety include:

• When walking or getting out of a locked car, stay alert to your surroundings and people around you.

• Concentrate on your surroundings, not music or a cell phone call.

• Watch out for friends in all situations.

The University reports crime statistics and other safety information at bsu.edu/fireandsafetyreports.

Travel

• At night, travel in groups of two or more and always walk in well-lit, heavily traveled areas. Do not walk alone or leave friends behind. Be aware of emergency phone locations on campus (see next page).

• Learn the best routes between your residence hall and your classes and activities. Take the safest route, not the fastest route.

• When you go out, let someone know where you are going and when you plan to be back.

Belongings

• Do not leave your belongings unattended, even for a few minutes.

• Mark your valuables, especially electronics, with invisible ink, and keep track of serial numbers. Supplies are available from your residence hall front desk or University Police.

• Always lock your bike with a U-shaped lock or rent a bike locker to store your bike. Register your bike with the Department of Public Safety, bsu.edu/publicsafety.

• Always lock your vehicle, residence hall room, or apartment. Do not leave valuables in plain sight. Laptops, purses, music players, and cell phones make tempting targets.

• Park in well-lit, well-traveled areas. Check the back seat before getting in your vehicle.

Pedestrian Safety

Obey traffic signals at intersections and use caution at pedestrian crosswalks. Vehicular traffic is not required to stop at designated crosswalks on streets that run through campus.
Emergency Telephones

Emergency telephones are located throughout campus so you can easily call for help when you need it. The phones have a blue light on top near the word “emergency.” To use the phone, press the button and talk into the speaker. The phones connect directly to a Ball State Police dispatcher.

For your safety, familiarize yourself with emergency telephone locations, especially those along the routes you usually take in the evening and after dark. Emergency telephones are indicated on Ball State’s campus map at bsu.edu/map; select “Print-Friendly Campus Map.”

Campus Escort Service: Charlie’s Charter

Phone: 765-760-RIDE (7433) or 765-285-5005
Hours: Sunday through Thursday from 6 p.m.–3 a.m. and Friday from 4–7 p.m. Summer hours are Sunday through Thursday from 4 p.m.–3 a.m.

Cosponsored by the Department of Public Safety and the Student Government Association, Charlie’s Charter campus escort service offers students a free ride from one campus location to another, such as from the football stadium parking lot to a residence hall, after the shuttle buses have stopped running. The service is available on a first-come, first-served basis; at busy times, you may experience a short wait.

Program Charlie’s Charter into your cell phone: 765-285-5005.

Technology, Privacy, and Password Safety

Your Ball State username and password allow you to access information technology resources. This access is a privilege that comes with the expectation that your technology use and behavior are responsible, ethical, and lawful, as well as in compliance with the University’s Information Technology Users’ Privileges and Responsibilities Policy at bsu.edu/security/itpolicy.

You are responsible for keeping your Ball State email passwords confidential.

- Sharing of passwords is prohibited. No University employee or student may ask for a password assigned to another person. Do not share your password even with your roommate, boyfriend, girlfriend, partner, or best friend. Report any attempts to obtain your password to the Office of Information Security Services at security@bsu.edu.
- Do not reply to spam or phishing emails that ask for your personal information. No one on campus should ask for personal information or your password by email, in person, or on the phone.
- Do not save or open suspicious attachments, even if they appear to be from a friend’s email address. Contact the sender directly to verify the attachment’s authenticity.
- Do not reuse your username and password to access websites not associated with Ball State. Create a different username and password for each site.
- Do not store your passwords in a location that is easily accessible to others.

Social Media Safety Tips

Social media has many positive applications, but it is also used for malicious purposes, including cyberbullying, cyberthreats, harassment, and stalking.

For protection, first research yourself on the internet. The information you find is part of your digital footprint, which can be viewed for worthwhile purposes (such as possible employment) or by criminals looking to steal your identity or otherwise harm you.

Use the following social media safety tips:

- Google your full name in quotes and your email address, and you should get a list of your social networking sites, online services, and apps. Close accounts and unsubscribe from services you no longer use.
- Become familiar with social media privacy policies, and customize your security settings to control what can be seen or read about you by others.
- If you have social media apps on your phone, be sure you password protect the app and the device.
- Do not provide any personal information such as addresses, financial information, phone numbers, or post when you will be away from home. The more you post about yourself, the easier it is for someone to steal your identity or break into your home.
- Follow safe computer habits by installing antivirus software. Keep antivirus, operating system, browser, and other software up-to-date.
• Stop websites from tracking you. Turn on the “do not track” setting found on most browsers (under Settings) that request websites to not track your online activities.

• Campus resources can help. If you have been victimized, contact Student Rights and Community Standards, 765-285-5036; University Police, 765-285-1111; or Office of Victim Services, 765-285-7844. If you think you are being cyberstalked and fear you may be in danger, contact University Police immediately.

• For more information about protecting yourself on social media, contact the Office of Information Security Services at security@bsu.edu or 765-285-4390.

Residence Hall Safety
While living on campus, your residence hall is your community. Work together to keep it safe. Learn how you can protect yourself and others.

• Carry your student ID and room key with you at all times, and never give your keys or your student ID to anyone, even your best friends.

• Lock your door, even if you leave your room for a moment.

• Do not prop open any doors in your residence hall complex.

• Do not let strangers into the hall or into your room.

• Report suspicious people to the hall desk, any hall staff member, or University Police.

• Escort your guests at all times. Guests who are not escorted will be asked to leave the hall.

• Know the telephone numbers for your resident assistant and hall desk.

• Close and lock first- and second-floor windows at night and when you leave your room.

• Do not leave your identification, laptops, tablets, wallets, purses, cameras, or other valuables in plain view.

• If you will be gone from the residence hall overnight or for a weekend, let someone (roommate, RA, etc.) know where you will be in case of an emergency.

Learn what to do in the event of a fire in your residence hall or severe weather in Delaware County. If you have questions about building procedures, ask your resident assistant or another hall staff member.

Hall Security
For the safety of students, each residence hall is equipped with an electronic card access system that limits access to residents of that hall. Restrooms on all female floors also have ID card readers that allow entry only to residents of the floor. Guests must be hosted by a resident of the hall and accompanied at all times by that resident. After midnight, guests must register at the community check-in station and present a photo ID.

Reporting a Crime
To report a suspected crime, a crime in progress, or an emergency, call University Police at 765-285-1111 or 911.

University Police handles crimes that have already occurred on campus, such as a theft. In response to a call, Ball State police will take the required action, either by dispatching an officer to the caller’s location or asking the caller to report to the Ball State police station to file an incident report. Police investigators will investigate reports further when deemed appropriate; police reports involving students may be referred to the Office of Student Rights and Community Standards.

To report an off-campus crime or suspected crime that has already occurred, call the Muncie Police Department at 765-747-4838.

Bias Response
The Bias Response Team offers a supportive process through which students can report incidents involving bias. You can read more about the Bias Response Team and submit an online reporting form at bsu.edu/multiculturalcenter/bias. Call 765-285-1344 for information. Download the B3 Breaking Bias app from the App Store or Google Play.

Silent Witness Program
If you witness a crime or have information about a crime and would like to report it anonymously, you can do so through the Silent Witness Program on the Ball State website at bsu.edu/silentwitness. The information you provide will be kept confidential. This site should not be used to report an emergency or a crime in progress.

Sexual Harassment/Sexual Misconduct
If you feel you have experienced sex or gender based-discrimination, sexual harassment, dating/partner violence, or stalking, tell someone. Please consider these campus resources for help and support:

• Call University Police at 765-285-1111 or 911. For confidential reporting, contact the Office of Victim Services at 765-285-7844. To initiate a report or discuss academic or other supportive measures through Title IX, visit bsu.edu/TitleIX for an online reporting form. We will respond to your report to offer assistance and options.

• Comprehensive information about sexual assault, support services, and reporting is available at bsu.edu/respectconsent. You may download the Step In. Speak Up. app from the App Store or Google Play.
Warning Signs of Suicide

People who are thinking about suicide often give some form of warning. If someone you know shows the warning signs listed below, let the person know you care and are concerned. Be available to listen and talk, but know your limits as a helper.

Refer the person to an agency that can provide support, such as the Counseling Center, 765-285-1736, on the third floor of Lucina Hall. For after-hours emergencies or if the person is in immediate danger, call University Police at 765-285-1111 or 911, and stay with the person until help arrives.

People who are feeling suicidal may want to take you into their confidence by asking you to keep their feelings secret. Don’t worry about being disloyal—you could save a life by reaching out to campus support services.

Early Warning Signs
• Sudden changes in behavior: becoming withdrawn, moody, or irritable
• Changes in eating or sleeping habits
• Increased frequency and/or quantity of alcohol and/or other drug use
• Sudden changes in appearance, especially neglect of appearance
• Restlessness and agitation
• Overreaction to criticism or overly self-critical
• Inability to recover from a loss or ongoing and overwhelming feelings of grief

Late Warning Signs
• Radical personality or behavioral changes such as dropping out of activities, increased isolation, and/or dangerous risk-taking behavior
• Making final arrangements or giving things away, putting one’s life in order
• Threatening to commit suicide or openly talking about death, not being around, or not being wanted or needed
• A sudden and inexplicable improvement in behavior or appearance

University Program Board (UPB)
UPB sponsors many programs throughout the academic year to provide a social outlet for students. Events include dances, comedic shows, movies, and concerts featuring regional entertainment. Go to bsu.edu/upb for a calendar of activities.

Residence Halls
Each hall provides a number of social activities throughout the year for residents. Events such as Rock the Halls Week, Midnight Breakfast, Iron Chef Competition, and St. Baldricks are popular annual events.

Student Organizations
Many student groups offer weekend social activities for members and guests. These may include themed dinners, movie nights, and card tournaments. Find student organizations at bsu.edu/bennylink.

Emens Artist Series
The Artist Series, which runs during the academic year, features nationally recognized troupes and Broadway productions. Artist Series tickets are free to students, and other Emens productions offer discounted tickets to students. Visit bsu.edu/emens for the schedule.

Athletic Events
The Ball State Cardinals compete at the NCAA’s highest level (Division I) in seven men’s and 12 women’s sports. Currently enrolled students get in free to all regular season athletic competitions. Check out ballstatesports.com for schedules, tickets, player information, and team updates.

Alcohol Use: Help Friends Stay Safe

Many of the friendships you make at Ball State will last a lifetime. Look out for each other to keep friends and others safe.

• Know the signs of alcohol poisoning. If a friend won’t wake up (is unresponsive to pokes, pinching, or shaking), has labored breathing, or clammy skin, call University Police at 765-285-1111 or 911 immediately. Contact the residence hall staff to inform them of the situation and stay with your friend.
• If a friend has had too much to drink, help them get home safely. Don’t let friends leave a party alone, with someone they don’t know, or leave them at a party.
• If you think a friend may have a problem with alcohol or drugs, encourage them to get help. Contact the Counseling Center at 765-285-1736 or Health, Alcohol, and Drug Education at 765-285-3775 for confidential resources and support.
• Discourage high-risk use of alcohol such as drinks with unknown levels of alcohol, shots, and drinking games.
• If someone is a victim of a crime or is in danger, call University Police at 765-285-1111 or 911. Report the crime, even if it may mean the police will know you and your friends have been drinking underage. Your safety and the safety of others may depend on it.

Alcohol-Free Campus Activities and Events

You’ll find many fun activities to do on campus. Here are just a few to explore:

Late Nite
Held on Saturday nights during the academic year, Late Nite features a variety of activities including movies, games, cosmic bowling, dance videos, arts and crafts, laser tag, a rock climbing wall, and bands. Free food is provided at each event. To learn more, visit bsu.edu/latenite.

Alcohol-Free Campus Activities and Events

You’ll find many fun activities to do on campus. Here are just a few to explore:

Late Nite
Held on Saturday nights during the academic year, Late Nite features a variety of activities including movies, games, cosmic bowling, dance videos, arts and crafts, laser tag, a rock climbing wall, and bands. Free food is provided at each event. To learn more, visit bsu.edu/latenite.

Alcohol-Free Campus Activities and Events

You’ll find many fun activities to do on campus. Here are just a few to explore:

Late Nite
Held on Saturday nights during the academic year, Late Nite features a variety of activities including movies, games, cosmic bowling, dance videos, arts and crafts, laser tag, a rock climbing wall, and bands. Free food is provided at each event. To learn more, visit bsu.edu/latenite.

Alcohol-Free Campus Activities and Events

You’ll find many fun activities to do on campus. Here are just a few to explore:

Late Nite
Held on Saturday nights during the academic year, Late Nite features a variety of activities including movies, games, cosmic bowling, dance videos, arts and crafts, laser tag, a rock climbing wall, and bands. Free food is provided at each event. To learn more, visit bsu.edu/latenite.

Alcohol-Free Campus Activities and Events

You’ll find many fun activities to do on campus. Here are just a few to explore:

Late Nite
Held on Saturday nights during the academic year, Late Nite features a variety of activities including movies, games, cosmic bowling, dance videos, arts and crafts, laser tag, a rock climbing wall, and bands. Free food is provided at each event. To learn more, visit bsu.edu/latenite.
Indiana's Lifeline Law provides immunity for certain crimes committed by underage persons who reveal themselves to law enforcement while seeking emergency medical help for someone else. Ball State’s Good Neighbor Policy at bsu.edu/goodneighbor is similar in regard to University disciplinary action.

**Threats and Violence**

Alcohol use often makes people more aggressive and puts them at greater risk for being victims of violence or causing injury to others. Recognize that the threat of violence is real, and take measures to reduce your risk:

- Do not antagonize people who may turn violent or who appear to be provoking a fight.
- If you are threatened with violence, get away from the situation as quickly as possible.
- If a situation turns dangerous, call University Police at 765-285-1111 or 911 immediately. Your safety and the safety of others may depend on it.

**Alcohol Use: Effects of Excessive Drinking**

If you drink excessively, you can injure yourself and others, get in trouble with the law, and engage in unplanned— and unprotected—sexual activity. You may also miss class or work, which may impact your grades and your ability to keep a job. High-risk drinking may also negatively affect personal relationships with family and friends.

If you choose to drink:

- Know that you are breaking the law if you are under 21 and could be arrested, fined, and face University discipline.
- Avoid drinking games, beer bongs, chugging beers, and shots, as they can quickly raise blood alcohol concentration (BAC).
- Pace yourself and drink slowly. Drink no more than one alcoholic beverage per hour. Do not drink more than four drinks in a night. A standard drink is 12 oz. of beer, 5 oz. of wine, and 1.5 oz. of liquor in a mixed drink or shot. Know your limit, and stick to it. Have a sober friend to be sure you aren’t overindulging yourself.
- Eat a full meal before drinking. Never drink on an empty stomach. Having food in your stomach helps to slow the absorption of alcohol into your bloodstream. The best meals to eat before drinking alcohol are high in carbohydrates, protein, and fat (pasta, pizza, and burgers).
- Alternate alcoholic and nonalcoholic beverages, and do not mix alcohol with any other drugs, including over-the-counter and prescription medications.
- Always know what you are drinking, and keep your drink with you to prevent someone from adding tasteless, odorless date-rape drugs.

Building up a tolerance to alcohol, reaching a high BAC, not remembering how you got home or where you were the night before, and getting into altercations as a result of impaired judgment are dangerous results of alcohol use. You could be putting yourself in serious harm and jeopardizing your future.

### Rethink Your Drink

When you are making decisions about alcohol use, keep in mind the following statistics from a 2019 survey of nearly 1,000 Ball State students:

- **Student-reported use of alcohol in a 30-day period:**
  - Never used alcohol: 22.4 percent
  - Used, but not in last 30 days: 18.9 percent
  - Used 1–9 days: 47.7 percent
  - Used 10–29 days: 10.3 percent
  - Used all 30 days: 0.7 percent

*Students cited at least one of the following problems as a result of alcohol consumption:*

- Did something they later regretted: 29.1 percent
- Forgot where they were or what they did: 25.7 percent
- Hurt themselves: 10.7 percent
- Reported one or more such risky behaviors: 50.9 percent

Source: Ball State University, Spring, 2019, American College Health Association, National College Health Assessment II

Learn more by visiting bsu.edu/alcoholawareness.
Alcohol Use: Possible Consequences of Illegal Use

The legal drinking age in Indiana is 21 years old. If you are caught breaking alcohol laws, you will face several consequences.

- You may be ticketed and fined as much as $500 plus court costs.
- If you are cited by Ball State, Muncie, or state excise police on or off campus, you will face disciplinary consequences from the University.
- An alcohol conviction may jeopardize your admission to graduate or law school or delay your entry to professions that require licenses, such as teaching and nursing.

The Ball State policy on alcohol can be found at bsu.edu/studentcode/alcoholpolicy.

Typical Consequences for Alcohol Violations in Residence Halls

Consequences are based on the severity of the violation and may vary.

<table>
<thead>
<tr>
<th>First Offense</th>
<th>Second Offense</th>
<th>Third Offense</th>
</tr>
</thead>
<tbody>
<tr>
<td>Official reprimand</td>
<td>4 months of disciplinary probation</td>
<td>Residence hall reassignment, contract termination, up to and including University suspension</td>
</tr>
<tr>
<td>Mandatory participation in an alcohol awareness program—$100 fee</td>
<td>Parental notification</td>
<td>Up to and including suspension from the University</td>
</tr>
<tr>
<td>Mandatory alcohol awareness program and/or substance use assessment—$100 fee</td>
<td>40 hours community service</td>
<td></td>
</tr>
</tbody>
</table>

Typical University Discipline for Alcohol Violations

The University assesses each violation of the Code of Student Rights and Responsibilities on a case-by-case basis. Consequences are based on the nature and severity of the violation and a student’s prior conduct history. If a first violation puts you or others at risk, the consequences may be more severe and include notice to parents. Generally, however, the following actions are taken in response to an alcohol violation.

<table>
<thead>
<tr>
<th>First Offense</th>
<th>Second Offense</th>
<th>Third Offense</th>
</tr>
</thead>
<tbody>
<tr>
<td>Official reprimand</td>
<td>Parental notification</td>
<td>Up to and including suspension from the University</td>
</tr>
<tr>
<td>Mandatory participation in an alcohol awareness program—$100 fee</td>
<td>4 months of disciplinary probation</td>
<td></td>
</tr>
<tr>
<td>University or community service</td>
<td>40 hours community service</td>
<td></td>
</tr>
<tr>
<td>Mandatory assessment of alcohol and other substance use—$100 fee</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Student Legal Services

L.A. Pittenger Student Center, room L-17
765-285-1888
bsu.edu/sls

Free services for currently enrolled students include:

- legal counseling to help you understand the nature of a legal problem, explain its implications, and assist you in resolving the matter
- referral to private attorneys depending on the seriousness or complexity of the legal problem
- preventive education to help you avoid legal problems
- legal resource center offering legal information and guidance to students

Student Legal Services can assist students with criminal and civil law concerns. Landlord/tenant, contract, and debt issues are among the civil law issues of most concern to students.

About 95 percent of criminal matters brought to Student Legal Services involve violations of alcohol laws.
Drug Use: Know the Facts

University policy prohibits the use, possession, sale, distribution, manufacture, or transfer of narcotics, illegal drugs, or prescription drugs (except as prescribed by a physician for personal use). The possession of drug paraphernalia by any person in any campus facility is also prohibited. Violate the drug policy, and you may:

- be arrested, fined, or jailed according to state drug laws
- face University disciplinary action
- have your residence hall housing contract terminated, which may jeopardize your standing at the University, since most freshmen are required to live in campus residence halls

Sexual Assault

Offenses of sexual harassment, sexual violence, domestic/dating violence, and stalking violate Ball State policies as well as state and federal laws. Ball State will not tolerate these offenses against students and will respond in a suitable manner to every complaint.

Is It Consensual?

Freely Given (voluntarily given, without pressure or threat)
Reversible (can be withdrawn at any time)
Informed (knowing and given by a person who can appreciate the “who, what, when, where” aspects of the sexual encounter)
Enthusiastic (clear mutual agreement expressed through words or actions)
Specific (clear agreement to engage in each form of the sexual activity)

Step In. Speak Up. Protect Yourself and Your Friends

Alcohol is the number one date-rape drug and is a factor in nearly three-fourths of campus rapes. When you notice someone in a risky situation, take responsibility. Decide how to help. Then act. Don’t assume that others will help. Choose interventions that keep yourself and others safe.

Ways to Intervene and Help Others

- If you feel safe, tell the person who is being aggressive or manipulative to stop the behavior in the moment.
- There is power in numbers. Get a friend or two to help you intervene. Create a distraction or disruption in the moment.
- Ask a person in a potentially dangerous situation if they want to leave; make sure they get home safely.
- Delegate: Talk to someone who has more social power such as a party host, sober monitor, bartender, or residence hall staff.
- Call the police or yell for help.
- Try to intervene as early as possible. But if it is not safe for you to act in the moment, follow up with the victim to offer help and support. Provide options and a listening ear. Refer to the information provided through the Step In. Speak Up. app or the web at bsu.edu/respectconsent.
- If you are interested in educating other students on sexual assault prevention, get involved as a Peer Victim Advocate, or to educate other students on bystander intervention, get involved as a Step in. Speak Up. team member. Contact the Office of Victim Services (OVS) at 765-285-3775. If you are involved in Greek life and interested in being a Greek Peer Advocate, contact Greek Life at 765-285-4733.

For more information about marijuana and other substances, go to bsu.edu/healtheducation.

Health Effects of Marijuana

Marijuana use can lead to detrimental effects on one’s health and well-being. Below are a few of the potential health effects according to The Centers for Disease Control and Prevention (CDC, 2017). (Retrieved from Marijuana Health Effects. cdc.gov)

- Marijuana use directly affects the brain—specifically the parts of the brain responsible for memory, learning, and attention.
- The compounds in marijuana can affect the circulatory system and may increase the risk of heart attacks and strokes.
- Smoking marijuana can lead to a greater risk of bronchitis, cough, and phlegm production.
- Marijuana users are significantly more likely than nonusers to develop chronic mental disorders, including schizophrenia.
- Eating foods or drinking beverages that contain marijuana have some different risks than smoking marijuana, including a greater risk of poisoning.
- About 1 in 10 marijuana users will become addicted. For people who begin using before the age of 18, that number rises to 1 in 6.
- Some research shows that using marijuana while you are pregnant can cause health problems in newborns—including low birth weight and developmental problems.
- Marijuana use can slow your reaction time and ability to make decisions when driving.

Ball State’s complete drug policy can be found at bsu.edu/studentcode/drugpolicy.

Knowledge is power! Download the Step In. Speak Up. app from the App Store or Google Play. Go to bsu.edu/respectconsent for awareness and prevention information.
If You Have Been a Victim
• Contact the Office of Victim Services (OVS) at 765-285-3775 or go to bsu.edu/ovs for information about confidential support services and guidance through the hospital exam and criminal justice processes. OVS provides assistance through the recovery process and bystander intervention training.
• To seek medical attention, go to IU Health Ball Memorial Hospital, where a doctor or nurse with special training will examine you and take evidence up to 120 hours after the incident. Changing clothes, bathing, or using the bathroom before going to the hospital can remove potential evidence. Hospital staff will connect you with a confidential victim advocate.
• To report the crime, call University Police at 765-285-1111 or 911.
• To initiate a complaint or review options for other help and support, contact the associate dean of students/Title IX coordinator at 765-285-1545 or visit bsu.edu/TitleIX for an online reporting option.

Campus Resources
The following University departments and programs can provide you with education and information about campus safety, alcohol awareness programs, and University policies. We encourage you to reach out to this valuable support network.

University Police
765-285-1111
bsu.edu/police
Provides police and security services.

Office of the Dean of Students
765-285-1545
bsu.edu/dos
Provides assistance, education, intervention, and referral services and answers questions and concerns about University policies and procedures.

Office of Victim Services
765-285-3775
bsu.edu/ovs
Provides confidential support and resources, on and off campus, for students who have been victims of gender-based violence.

Residence Halls
765-285-8000
bsu.edu/housing
Often sponsor alcohol awareness and sexual assault prevention programs.

Student Conduct
765-285-5036
bsu.edu/studentcode
Responds to allegations of misconduct and provides outreach about student safety and responsibilities.

Student Government Association
765-285-8631
bsu.edu/sga
Advocates for student concerns and develops initiatives for the University community.

Student Legal Services
765-285-1888
bsu.edu/sls
Provides free legal advice to students.

Title IX Coordinator
765-285-1545
bsu.edu/TitleIX
Coordinates response to sexual harassment and misconduct complaints and provides academic and other supportive measures.

Charlie’s Charter
765-760-RIDE (7433) or 765-285-5005
Free campus shuttle service Sunday through Thursday from 6 p.m.–3 a.m. and Friday from 4–7 p.m.
Summer hours: Sunday through Thursday from 4 p.m.–3 a.m.

Counseling Center
765-285-1736
bsu.edu/counselingcenter
Sponsors awareness programs and alcohol screenings for students.

Fraternity & Sorority Life
765-285-4733
bsu.edu/greelife
Provides alcohol education and risk management awareness programs for fraternities and sororities.

Health Center
765-285-8431
bsu.edu/healthcenter
Provides confidential and medical assistance to students.

Health Promotion & Advocacy
765-285-3775
bsu.edu/healtheducation
Offers peer education programs and library resources about alcohol and other drugs.

You can reach the Ball State University Police directly from a university phone by dialing either 911 or 5-1111. From a cell phone, dial 765-285-1111, because dialing 911 could delay response time in an emergency. Please program these and other important numbers into your cell phone.
The Beneficence Pledge

Members of the Ball State University community:

Pledge to maintain high standards of scholarship and excellence
To work with students, faculty, and staff to strengthen teaching and learning on campus.

Pledge to practice academic honesty
To model and uphold academic integrity, to honor their peers and earn the trust and respect from all members of the community.

Pledge to act in a socially responsible way
To treat each person in the Ball State community with civility, courtesy, compassion, and dignity; to respect the property and environment of the campus.

Pledge to value the intrinsic worth of every member of the community
To respect and learn from differences in people, ideas, and opinions.

Find the Beneficence Pledge at bsu.edu/pledge and the Code of Student Rights and Responsibilities at bsu.edu/studentcode.