

Internship Application Brochure

APA Accredited Health Service Psychology Internship

Training Year August 1, 2027 - July 31, 2028

For questions or information regarding accreditation, please contact:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street NE, Washington, DC 20002-4242
Phone: 202-336-5979, Fax: 202-336-5978
Email: apaaccred@apa.org
Web: www.apa.org/accreditation

Application Deadline is December 13, 2026
APPIC Internship Matching Program Code Number: 1297

Program Contact:
Brenda Karns, Ph.D. HSPP
Associate Director for Training & Psychologist
765-285-1736 bmkarns@bsu.edu

Ball State University Counseling Center Training Program

Information for Prospective Applicants

We appreciate your interest in our APA accredited Internship Program in the University Counseling Center at Ball State University. The Counseling Center doctoral internship program was originally accredited by the American Psychological Association (APA) in 1983 and continues to remain in good standing. Our next accreditation site visit is in 2035.

The Counseling Center is committed to providing behavioral health training that facilitates both the continued development of professional competence and growth. The staff is dedicated to supporting and mentoring interns into the profession and responding to the transitional and developmental issues involved in understanding of the human condition in all its facets. The multidisciplinary training and varied theoretical orientations of professional staff provide a rich environment for intern development. As stated in APA's definition of training in Health Service Psychology: We provide training experiences in the "delivery of preventive, assessment, diagnostic, and therapeutic intervention services relative to psychological and physical health" in preparation for our interns to become "licensed as psychologists at the independent practice level"(APA, 1996; APA, 2011).

As a part of the larger Counseling & Health Services, the Counseling Center provides a full range of individual and group therapy as well as outreach, consultation, and prevention services to a student population of approximately 22,000. Opportunities are available to work with a variety of student populations, including students from a cross section of student backgrounds, social locations, and identities. Additionally, a variety of training opportunities and experiences are available throughout the year, including training in the areas of identity development, crisis intervention, suicide assessment and treatment, group therapy, outreach and consultation, diagnosis, and treatment of trauma. Interns are also provided the opportunity for training in specific areas of interest or focus.

Setting and Facilities

Ball State University is an attractive and spacious campus. It is home to seven academic colleges, some that feature the most advanced educational facilities in the state of Indiana. There are numerous opportunities on campus to engage in a variety of diverse interests, including access to several campus recreational facilities that offer fitness classes as well as indoor swimming and jogging year-round. For those who are interested in participating in outdoor activities, Ball State has an Outdoor Pursuits program that allows students and staff to rent items such as camping/hiking equipment, water sports equipment, bikes, outdoor games, fishing equipment, and more. In addition, Outdoor Pursuits hosts several excursions throughout the year, both inside and outside the state of Indiana, that are available for staff participation. Other campus activities include opportunities to attend various entertainment events, including musical performances in a variety of genres, Broadway and other theatrical performances, comedy shows, and more.

The Counseling Center is located in Lucina Hall, one of Ball State's oldest buildings. Lucina is located on a quadrangle with ample green space and walking paths to easily navigate the surrounding campus. Within close proximity to Lucina is easy access to various food courts as well as the Ball State "Village," a location for local businesses and restaurants. Additionally, there are opportunities for both on and off campus housing, as well as pet-friendly living options in town.

Ball State University Counseling Center Training Program

Downtown Muncie is historic, revitalized, and thriving. The downtown area provides multiple opportunities for shopping in local businesses, dining in local restaurants, visiting local sports bars and breweries, exploring the arts community, attending local theater productions, and experiencing several family friendly events that are hosted throughout the year. Additionally, there are options for both local and chain restaurant dining and shopping. And finally, the Cardinal Greenway runs through the center of Muncie and is considered the longest rail to trail conversion in the state of Indiana. It extends for 62 miles with opportunities to explore north towards Marion, Indiana or east towards Richmond, Indiana.

Training Philosophy

The doctoral internship program in health service psychology offers broad education and training with a focus on the specializations of Counseling Psychology and Clinical Psychology. As mentioned, the internship is consistent with APA's definition of training in Health Service Psychology in that we provide experiences in the delivery of preventive and therapeutic intervention services to address psychological and physical health (APA, 1996; APA, 2011). Our aim is to prepare interns as emerging professionals and licensed psychologists at the independent practice level.

The Counseling Center provides a full range of counseling, individual and group therapy, objective assessment services as well as outreach, consultation, and prevention services to a population of university students primarily from a variety of rural, small town, and urban Midwestern settings. The training program emphasizes a developmental approach to training. The environment at the Counseling Center is supportive and collaborative as well as professional. A strong emphasis is also placed on providing trainees with an environment that supports an understanding of the integration of personal and professional identities.

How We Do Our Work

The Counseling Center is here to help students grow and thrive. Identities, history, and experiences continuously shape each individual and the world. Therefore, we provide training, prevention, support, and behavioral health care that is responsive to each person's unique experiences so that students can live fulfilling and socially responsible lives.

The Environment We Create

At the Ball State University Counseling Center, we are committed to creating a safe and welcoming environment where individuals from all backgrounds feel valued and respected. We strive to create a space where individuals feel comfortable expressing themselves and their concerns without fear of judgment or discrimination. We acknowledge the unique experiences and perspectives that each individual brings to our center and are committed to providing supportive services to all. We welcome feedback from our clients and the broader community to help us continually improve our services.

The Clinical Staff

The Counseling Center staff is diverse in professional training and theoretical orientations. We view each intern as a cultural being whose background and social locations closely influence their clinical development as well as their personal and professional identities. Throughout the internship placement we emphasize an increasing awareness of the intern's own cultural background, their worldviews, and the interactions of those characteristics with those of their clients. The staff is committed to responding to the transitional and developmental issues of emerging professionals and supporting and mentoring interns into the profession of behavioral health services.

Ball State University Counseling Center Training Program

The Training

The Center is committed to providing generalist training that facilitates growth and competence. The Center integrates the application of current scientific and cultural knowledge, principles, and theories in the provision of professional services, including services that are preventive, developmental, and therapeutic. These services range from crisis intervention to more routine individual and group therapy settings.

Training is provided in the areas related to clinical work, crisis intervention, suicide assessment and treatment, psychoeducational groups, outreach and consultation, diagnosis, and other clinical and professional issues. Interns learn to apply their skills within an environment that emphasizes cultural competence and humility. Training related to treatment interventions, ethical and legal considerations, and client identity development and social location is infused throughout the program. Additionally, interns are an integral part of our outreach and consultation program which provides information and training to our campus community. As a training program, we aim to support Interns throughout both their internship placement and as they transition into the profession of psychology.

Sample Training Schedule

Schedule Activity	Fall Hours/Week	Spring Hours/Week	Summer Hours/Week
Intakes	3-4 hours	3-4 hours	3-4 hours
Individual Sessions	16-17 hours	16-17 hours	16-17 hours
Crisis/On-Call	*	*	*
Individual Supervision	2 hours	2 hours	2 hours
Area of Focus Supervision	1 hour	1 hour	n/a
Group Supervision	1 hour	1 hour	1 hour
Group Supervision of Supervision	2 hours	2 hours	2 hours
Process Group Supervision	.5 hour	.5 hour	n/a
Peer Supervision	1 hour	1 hour	1 hour
Supervision of Trainee	1 hour	2 hours	1 hour
Seminars and Didactics	3 hours	3 hours	2 hours
Staff Meeting/Case Conference/Supervision Seminar	1.5 hours	1.5 hours	1.5 hours
Training Director Meeting	1 hour	as needed	as needed
Outreach/Consultation	varies**	varies**	varies**
Research	varies***	varies***	varies***
Administration	7 hours	6 hours	9 hours
Totals	40-42 hours	40-42 hours	40-42 hours

*Crisis/On-Call is coverage for either a 24-hour period of time or a weekend (with backup from senior staff) and entails managing urgent walk-in appointments during office hours or after-hours phone calls.

**Outreach/Consultation scheduling and development are scheduled on an as needed basis.

Ball State University Counseling Center Training Program

Application Information:

The Counseling Center requires 3 letters of reference included in the APPIC application process. Letters should be from individuals familiar with the applicants academic and clinical skills.

Minimum requirements for application for internship include the pursuit of a degree in Clinical or Counseling Psychology from a program accredited by the American Psychological Association, completion of comprehensive exams prior to application, and completion of dissertation proposal defense prior to start of internship. Applications must also document a minimum of 450 intervention hours and 10 assessment hours.

Applicants should demonstrate a strong and genuine interest in generalist training and be prepared to assist clients with a wide range of clinical issues and severity of concerns. Applicants are expected to engage in efforts to deepen their awareness of social justice concerns, multicultural consciousness and cultural humility, sensitivity to identity development and intersections, and competence related to diversity in every form. Applicants are expected to have an affirming stance toward all sexual and gender identities. Applicants must also have strong interpersonal skills and demonstrate an openness to growth and a dedication to life-long learning.

Our application deadline: **The AAPI Online must be submitted by December 13, 2026.**

The intern selection committee meets the second week of December to begin review of applications based on minimum qualifications. The review process continues through the application deadline. All applicants are notified of their interview status by December 31. All interviews are conducted through video-conferencing. Internship interviews are conducted during the first two weeks of January. Interview candidates meet with a clinical interview team approximately 1 to 1 ½ hours and are asked to respond to a standard set of questions. Candidates are also asked to present a brief case presentation of their clinical work. Interview teams consist of clinical staff members and at least one member of the current internship cohort. Time is provided at the end of the session for candidates to ask questions about the training program or the Counseling Center, and to interact with staff and current interns. Each candidate then meets individually with the Training Director and the Director of the Counseling Center in separate sessions. Interviews typically last between 2 to 2 ½ hours. A separate video session is scheduled for candidates to meet with the current internship cohort.

Additional questions following the completion of interviews are always welcome. However, continued contact with applicants is not considered in the final ranking.

Please see the Internship Admissions, Support, and Initial Placement Data Document on our website for additional information regarding placement information and requirements. If you have questions, please contact the training director 765-285-1736 or bmkarns@bsu.edu.

The University Counseling Center is a department within the Division of Student Affairs at Ball State University.

Ball State University Counseling Center Training Program

Accreditation Status of the Internship Program

The Doctoral Internship in Health Service Psychology program at the Ball State University Counseling Center is accredited by the American Psychological Association (APA). Our program was originally accredited in 1983 and is currently accredited through 2035.

Questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street NE, Washington, DC 20002-4242
Phone: 202-336-5979, Fax: 202-336-5978
Email: apaaccred@apa.org
Web: www.apa.org/accreditation
