

**Ball State University Counseling Center
Training Program**

**Weekly Training Program Schedule
Sample**

The table below is a sample schedule for a trainee in the Ball State Counseling Center training program. The total number of placement hours per week depends on the placement itself. The Psychology Doctoral Extern placement is between 16-18 hours per week. The placement for Psychology Master's Interns is 20 hours per week. And the placement for Social Work Master's Interns is between 23-25 hours per week. Training activities and responsibilities are distributed across the placement time accordingly.

Schedule Activity	First Semester Hours/Week	Second Semester Hours/Week
Intakes	1 hour	1-2 hours
Individual Sessions	8-10 hours	8-10 hours
Individual Supervision	2 hours	2 hours
Group Supervision	2 hours	2 hours
Outreach/Consultation*	varies	varies
Administration	4 hours	4 hours
Program Evaluation**	2 hours	3 hours
Totals***	16-25 hours	16-25 hours

*Outreach/Consultation scheduling and development are scheduled on an as needed basis.

**Program Evaluation scheduling applies to Social Work Master's Interns only.

***The number of hours per week depend on the training class.