

Environmental Health and Safety Office Respiratory Protection Program

Respirator Qualitative Fit Test (QLFT) Certification Form

Employee Name:	DOB (Year) Height	Weight
Work Unit:	Super	visor Name:	
A respirator fit test must be complete	ed by an individual trai This fit test is re		procedures.
Does employee wear glasses? Yes		s that will prevent a positive	face fit? Yes No
Respirator Type (Make, Model and Certification)	3M	MSA	Sperian
Type (1/2Mask, Full, PAPR)			
Respirator Size	S M L	S M L	S M L
Testing media	Irritant Smoke	Irritant Smoke Saccharine	e Irritant Smoke Saccharine
Compatible with eye glasses	Yes No	Yes No	Yes No
Doffing/Donning of Respirator	Pass Fail	Pass Fail	Pass Fail
Positive pressure fit check	Pass Fail	Pass Fail	Pass Fail
Negative pressure fit check	Pass Fail	Pass Fail	Pass Fail
Head Stationary Normal Breathing (60 seconds)	Pass Fail	Pass Fail	Pass Fail
Head Stationary Deep Breathing (60 seconds)	Pass Fail	Pass Fail	Pass Fail
Head Turning Side to Side (60 seconds)	Pass Fail	Pass Fail	Pass Fail
Head Moving Up and Down (60 seconds)	Pass Fail	Pass Fail	Pass Fail
Talking (recite Rainbow Passage or count backwards)	Pass Fail	Pass Fail	Pass Fail
Bending Over (60 seconds)	Pass Fail	Pass Fail	Pass Fail
Head Stationary Normal Breathing (60 seconds)	Pass Fail	Pass Fail	Pass Fail
(00 3000103)	Pass Fail	Pass Fail	Pass Fail