



## 2026 Benefits Open Enrollment

### Employee Benefits

#### ACTION REQUIRED

Please Remember: **If you do not recertify your tobacco status during Benefits Open Enrollment you will lose your tobacco-free premium discount beginning January 1, 2026.** This is a substantial benefit offered to all Ball State University employees who are, and remain, tobacco-free.

The Workday link can be found at [www.MyBallState.bsu.edu/dashboard](http://www.MyBallState.bsu.edu/dashboard). You will need your BSU credentials (username and password) in order to log in to Workday. If you do not know your log-on information, please contact the BSU Help Desk at 765-285-1517. If you need assistance using Workday to complete your insurance enrollment, you may call Employee Benefits at 765-285-1834.

When you log on to Workday, please ensure you have all of you and your family's information readily available, including:

- Dependent's SSN, date of birth and supporting documentation (for new dependents).
- An updated Working Spouse Affidavit, if your spouse has had a change in employment/status.

To assist you in choosing your 2026 benefit plan elections, please review the following benefit information.

## 2026 Benefits Open Enrollment

The 2026 Benefits Open Enrollment period is scheduled for October 22, 2025, through November 6, 2025.

This is your annual opportunity to make changes to your insurance benefits without an IRS-defined qualifying event. Changes made during the Open Enrollment period will be effective January 1, 2026. If you choose not to make any changes for 2026, some of your current benefits will carry over from your 2025 enrollment. **However, re-enrollment is required this year to continue some benefits into next year, including:**

- Flexible Spending Accounts (FSA)
- Health Savings Account (HSA) Contributions
- Voluntary Short -Term Disability
- Critical Illness
- Tobacco-Free Premium Discount



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## BENEFIT NEWS AND CHANGES FOR 2026

### Change in Vendor

**The Office for People and Culture** is excited to share that **effective January 1, 2026** we are transitioning our **Life, AD&D, LTD, ASO-STD, voluntary STD, and voluntary GAP plans (Accident, Critical Illness, Hospital Confinement) to Voya**. With this change, Ball State University will begin paying **100% of the cost for all active employees Life, AD&D and LTD coverage**. More information regarding the changes to voluntary benefits are in the section below.

### Cardinal Day of Well-being

**The Office for People and Culture** is proud to announce the **Cardinal Day of Well-being**. This day will be enhanced with well-being presentations throughout the day. Programming will be offered around the five pillars of well-being: financial, community, physical, social and career. **Join us Wednesday, October 29, 2025, from 10:00 am to 3:00 pm in the Student Center Ball Room**. All Ball State employees are invited to attend. Several insurance, financial, health, and Ball State vendors will be in attendance to answer questions, conduct presentations, or provide services and information.

## HIGHLIGHTED BENEFIT FEATURES

### Sydney Health

Sydney Health will allow you to get benefit information when and where you need it. Services include:

- View your Anthem insurance card
- Find physicians and check costs for services
- See your health claims and track healthcare spending
- Ask Sydney's interactive chat bot questions

**With Ball State's health plan being self-funded, we strive for all plan members to use Sydney Health to check and compare costs for services. By being good stewards of our insurance expenditures, we can all work to keep our health claims and insurance premiums low.** Sydney can provide alerts, reminders, suggest a doctor, and save money on medical costs. We encourage all health plan members to download the Sydney Health app from the App Store or Google Play to get started.

<https://www.sydneyhealth.com/>



### LiveHealth Online

You may schedule an appointment with a board-certified doctor online anytime of the day or night using LiveHealth Online on your smartphone, tablet or computer. It's a great option for care when your own doctor isn't available—and it's more convenient than a trip to the urgent care.

Sign up for free to:

- Get access to board-certified doctors 24/7. Doctors using LiveHealth Online can provide medical care for common conditions like the flu, colds, pink eye and more. They can send prescriptions to the pharmacy of your choice if needed.
- See a licensed therapist or psychologist. If you're feeling stressed, worried or having a tough time, LiveHealth Online can help. In most cases, you can make an appointment to see a therapist or psychologist online in four days or less. Depending on your coverage, the cost may be similar to what you would pay for an office visit, considering your benefits.

It's quick and easy to sign up and get started. Just go to [livehealthonline.com](https://livehealthonline.com) or download the mobile app.

### HSA Qualified Health Plan

This plan has the highest deductibles and the lowest premiums, both of which can be offset by the contributions (HSA seed) that the University makes to your HSA account. The HSA Qualified Health Plan provides access to Anthem's broad provider network and 100% coverage for in-network preventive care. However, non-preventive medical and prescription expenses both accumulate toward the same deductible and out-of-pocket maximum. Unless a prescription is preventative, you are responsible for 100% of the prescription cost until you meet the plan's deductible. You will still receive the discounted price through CVS Caremark, but you will not get any coinsurance coverage until your deductible is met.



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### PPO Health Plan

This plan covers preventive services at 100%. Blood work at contracted labs (LabCorp, American Health Network and Quest Diagnostics) are not subject to the deductible and are also covered at 100%. The PPO Health Plan also gives you access to Anthem's broad network of providers and once you have met your deductible, in-network medical services are paid at 80%. There is no prescription deductible, so coinsurance for prescriptions will immediately apply.

### Prescription Benefits

Ball State continues to use CVS Caremark as its third-party administrator. Register online at [www.Caremark.com/startnow](http://www.Caremark.com/startnow) to find network pharmacies, refill medications and check order status, check drug cost, and see your prescription history. Be reminded that you may also check drug costs through links found on the Employee Benefits website.

**Specialty medications are a huge cost driver to our plans. With Ball State's health plan being self-funded, we strive for all plan members to use these links to check costs for prescriptions and see if alternatives are available. By being good stewards of our insurance expenditures, we can all work to keep our health claims and insurance premiums low.**

Maintenance medications require a 90-day refill after the third 30-day refill at a retail pharmacy. Ninety-day refills for maintenance medications can be filled at any network retail pharmacy or you may still receive them through mail order. If you have any additional questions about your prescription plan or costs, you may call CVS Customer Care at 1-866- 243-4881 or contact our office. **Walgreens continues to be out of our pharmacy network.**

### Dental Plan Highlights

Delta Dental continues to provide our dental insurance. Here is a reminder of our current benefits:

- Preventive fluoride treatments, x-rays and sealants are covered at 100%\*.
- Basic Service benefits for Delta Dental PPO network providers continue to be paid at 85% while Delta Dental Premier network providers remain at 80%.

\*Some services are subject to deductible and/or age restrictions.

### Health Savings Account

An HSA is a tax-advantaged account where you can set aside funds to pay for healthcare expenses now and into the future. An HSA is a great way to save for current and future health expenses. You can open and contribute to an HSA if you are enrolled in the HSA Qualified Health Plan.

**You are NOT eligible to contribute to an HSA if:**

- **You are covered by Medicare or another non-qualified health plan;**
- **You are claimed as a dependent on another person's tax return;**
- **You are receiving Social Security Income benefits;**
- **You or your spouse are enrolled in a General Purpose FSA; or**
- **You are covered by Tri-care military insurance or have received VA benefits in the last 3 months.**

In addition to your own contributions, the University will also contribute to your HSA. Contributions are pre-tax and your maximum contribution is indexed annually by the IRS. You must contribute 25% of the University seed amount via payroll deduction in order to receive the University's seed contribution. The maximum allowable HSA contribution amounts for 2026 are as follows:

- **Individual Coverage = \$4,400**
  - **University Seed = \$528.84 annually**
- **Employee Plus Children/Family Coverage = \$8,750**
  - **University Seed = \$1,322.10 annually**
- **Age 55 or Older Catch-up Contribution = \$1,000**





### How does an HSA work?

- Funds can be used tax-free for eligible medical, prescription, dental and vision expenses.
- You will receive a debit card that can be used for your eligible expenses once the money is in the account.
- Your unused funds rollover from year to year.
  - If you lose eligibility to contribute to your HSA or leave the University, your HSA funds are still yours to use and remain in your account.

You can change your HSA contribution at any time via the online benefit enrollment platform.

If you are opening an HSA for the first time and you currently have an FSA, you must completely spend down your FSA by December 31, 2025, to open and/or contribute to your HSA as of January 1, 2026. If you have FSA funds available for use on or after January 1, 2026, you will have to wait until you have spent your remaining 2025 FSA funds to open your HSA and receive the University seed. If you wish to open an HSA before spending your 2025 FSA, then your 2026 FSA will be converted to a limited purpose FSA that can only be used for dental and vision expenses. If this applies to you, please contact Employee Benefits before January 1.

### Flexible Spending Account

An FSA allows you to put money aside on a pre-tax basis for out-of-pocket health expenses (doctor's visits, prescriptions, dental services, eye exams, etc.) for you and your IRS tax dependents. If you are enrolled in the HSA Qualified Health Plan, then you will want to open an HSA and/or a Limited Purpose FSA that can only be used for dental and vision expenses. You can participate in a Dependent Care (Daycare) FSA no matter which health plan option you enroll in.

### The maximum allowable FSA contributions for 2026 are as follows:

- **General/Limited Purpose FSA = \$3,300**
  - Dependent Care (Daycare) FSA = \$7,500 per household

### How does an FSA work?

- Your full General/Limited Purpose FSA election amount is loaded onto a debit card and is available for your use on January 1, 2026. Even if you spend your full election on day one of the plan, the deductions are still spread out over the full year.

- You have from January 1, 2026, until March 15, 2027, to incur expenses for your 2026 FSA election. Funds not spent during this time period will NOT rollover. This is why an FSA is known as a "use it or lose it" plan.
- You can submit claims for reimbursement via mail, fax and online if you are unable to use your debit card at the time of purchase.
- **If you terminate or retire from the University you can only be reimbursed from your FSA for expenses incurred prior to midnight of your termination date. You have 90 days after your termination date to submit claims for reimbursement**
- Your Dependent Care (Daycare) FSA election amount is only available when you have a balance available in your account and on a reimbursement basis only. Reminder – this type of FSA is ONLY for dependent daycare expenses.

### Voluntary Benefits

#### (100% Employee Paid)

#### Voluntary/Supplemental Life Insurance

Supplemental life insurance provides extra life insurance protection for you, your spouse, and your dependent children up to age 26. If you are electing coverage for the first time or electing to increase your current coverage by more than \$10K (not to exceed 5 times your salary), you would generally be required to complete Evidence of Insurability. Voya is waiving the EOI requirement up to the guaranteed issue amounts of \$200,000 on the employee and \$50,000 on the spouse for this one-time open enrollment event.

#### Voluntary Short-Term Disability (STD) Insurance for Faculty, Professional and Staff Employees

Voluntary STD benefits is available to our faculty, professional and staff employees. Eligible employees can elect to enroll in the voluntary STD program which is now designed to be more aligned with the Long-Term Disability (LTD) plan. There is one plan that will pay up to 60% of your weekly salary with a maximum benefit amount of \$1,500 per week after a 7-day waiting period. This benefit would pay a maximum of 12 weeks. *Service employees are not eligible for this voluntary STD benefit.*



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### **Voluntary Vision Benefits - VSP**

VSP offers two levels of coverage, Basic and Premier, with no changes to premium rates for 2026. The Basic coverage plan is the lower cost option and has copays for exams and lenses; whereas the higher cost option, the Premier coverage plan, has \$0 copays and larger allowances for other covered expenses.

### **Voluntary Accident, Critical Illness, or Hospital Indemnity Benefits – Now with Voya**

- Voluntary Accident insurance can help with costs that arise when you experience a covered accident such as a fracture, dislocation or laceration.
- Voluntary Critical Illness insurance provides cash benefits if you or your spouse is diagnosed with or treated for a covered illness such as cancer, a heart attack or a stroke.
- Voluntary Hospital Indemnity insurance pays a cash benefit for hospital confinement.

### **OTHER GENERAL INFORMATION**

#### **Tobacco-Free Premium Discount**

Employees must complete the 2026 Tobacco-Free Premium Discount Affidavit as part of the online enrollment platform's workflow. The tobacco-free premium discount will remain at \$900 for 2026 (\$75/month). If you would like information on tobacco cessation programs, please contact Working Well at 765-285-9355.

#### **Working Spouse Provision**

The Working Spouse Provision remains in effect for our health plans. If your spouse is:

- working full time, and;
- his or her employer offers group health care coverage, and;
- the employer funds at least 60 percent of the coverage,

you cannot cover your spouse as a dependent on your medical plan unless he or she is also enrolled in his/her employer's group health plan. If your spouse has a change in employment, you must complete and submit an updated Working Spouse Affidavit via the Workday platform.

### **Qualifying Event Changes**

Open Enrollment is the only time during the year that you can make changes to your benefits. The only exception to this rule is if you experience a qualifying event such as the birth of a child, marriage, divorce, gain/loss of other coverage, etc. You would then be able to make a corresponding change to your benefit elections, BUT ONLY within 31 calendar days of the event. **Please remember if your family experiences a birth of a child, please contact Employee Benefits within the 31-calendar day deadline. The child will not be automatically added to your coverage. If you miss the 31-calendar day deadline, you will have to wait until the next Open Enrollment period (changes effective January 1), or until you experience another qualifying event to add your child to coverage.**

2026 HEALTH PLAN PREMIUMS (Medical + Prescription)  TF = Tobacco Free	HSA Qualified Health Plan		PPO Health Plan	
	Biweekly			
	10 month (18 pays)	12 month (26 pays)	10 month (18 pays)	12 month (26 pays)
Single TF Discount	\$56.75	\$39.29	\$97.45	\$67.46
Single Full Rate	\$106.75	\$73.91	\$147.45	\$102.08
EE+CH TF Discount	\$107.84	\$74.66	\$185.18	\$128.20
EE+CH Full Rate	\$157.84	\$109.27	\$235.18	\$162.82
Family TF Discount	\$147.35	\$102.01	\$252.99	\$175.15
Family Full Rate	\$197.35	\$136.62	\$302.99	\$209.76

2026 DENTAL PLAN PREMIUMS	Biweekly	
	10 month (18 pays)	12 month (26 pays)
Single	\$8.87	\$6.14
EE+CH	\$16.84	\$11.66
Family	\$22.98	\$15.91

EE+CH = Employee Plus Child(ren)

## Contact Us

Employee Benefits  
Administration Building, G29  
Muncie, IN 47306  
765-285-1834  
Fax: 765-285-8480  
Email: [peopleandculture@bsu.edu](mailto:peopleandculture@bsu.edu)

**[bsu.edu/payroll](http://bsu.edu/payroll)**

## 2026 OPEN ENROLLMENT INFORMATION SESSIONS

Meeting Type	Date	Time	Location
<i>Open Enrollment Video Presentation Online – view on demand</i>	Wednesday, October 22 – Thursday, November 6	8:00 am	Link available at <a href="http://www.bsu.edu/payroll">www.bsu.edu/payroll</a>
<i>Open Enrollment Presentation</i>	Thursday, October 23	9:00 am – 11:00 am	Student Center, Cardinal Hall C
<i>Computer Lab Enrollment Assistance</i>	Friday, October 24	1:00 pm – 2:00 pm	Bracken Library, BL 008
<i>Meet and Greet with Benefits Staff</i>	Monday, October 27	3:00 pm – 5:00 pm	Service and Stores Building (SV)
<i>Open Enrollment Presentation - Zoom</i>	Tuesday, October 28	9:00 am – 11:00 am	Zoom - Online
<i>Benefits Fair – Student Center Ball Room</i>	Wednesday, October 29	10:00 am – 3:00 pm	Student Center, Ball Room
<i>Reserved Computer Lab***</i>	Thursday, October 30	3:00 pm – 5:00 pm	Administration Building, ADG29
<i>Open Enrollment Presentation – Zoom</i>	Monday, November 3	2:00 pm – 4:00 pm	Zoom - Online
<i>Computer Lab Enrollment Assistance</i>	Tuesday, November 4	8:30 am – 9:30 am	Bracken Library, BL 008
<i>Reserved Computer Lab***</i>	Wednesday, November 5	2:00 pm – 4:00 pm	Administration Building, ADG29

The Open Enrollment presentation is recorded and can be viewed on our website on demand. We are also offering the same presentation in person on October 23 and via Zoom on October 28 and November 3.

**Enrollment assistance** will be conducted in the Employee Benefits office by appointment and can also be provided over the phone. Please call 765-285-1834 for your insurance needs.