

LAUREN E. HARRISON MA, RDN, CSOWM

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EDUCATION

Master of Arts, Nutrition and Dietetics..... May 2015
Ball State University, Muncie, IN

- Major: Nutrition and Dietetics
- Related Course Work: Maternal and Infant Nutrition, Research Methods, Vitamins and Minerals, Exercise and Sports Nutrition, Diabetes Seminar, & Adult Health Education

Bachelor of Science, Nutrition and Dietetics..... May 2013
Ball State University, Muncie, IN

- Major: Nutrition and Dietetics
- Related Course Work: Medical Nutrition Therapy, Lifecycle Nutrition, & Nutrition Counseling

EMPLOYMENT

Bariatric Program Coordinator..... Jun 2015- Present
Community Health Network, Bariatric Services – Noblesville, IN

- Implement and maintain bariatric program standards at both on-site location and Community Surgery Center Hamilton according to MBSAQIP guidelines
- Provide nutrition counseling and education prior to and after bariatric surgery including a full nutrition assessment and prescription of pre/post-op diet to meet individual nutrition needs
- Lead and facilitate supervised weight loss classes and support group meetings which includes nutrition education and bariatric-specific topics for pre and post-surgery patients

Instructor of Nutrition..... Aug 2017- Present
Department of Nutrition and Health Sciences -Ball State University

- Provide distance-education nutrition courses to undergraduate and graduate level students
- Teach various subjects including Obesity and Weight Management, Personal Nutrition, and Principles of Human Nutrition

Nutrition Consultant, Nutrition Assessment Lab..... Aug 2014 – Jul 2015
Working Well Program -Ball State University

- Provide nutrition counseling and education to Ball State faculty, staff, and students
- Assess nutrition-related health parameters and behaviors via anthropometric and biometric tests including Tanita scale and indirect calorimetry via ReeVue
- Collaborate with Fischer Institute of Wellness to teach diabetes prevention program
- Coordinate and plan activities for National Nutrition Month with Ball State Dining and Working Well program

DIETETIC INTERNSHIP

Ball State Didactic Program..... Jan 2014 – Aug 2014
Parkview Health, Fort Wayne, IN

- Hands on training with clinical dietitians in various disease states with a 2 week staff relief coverage in multiple areas

Fort Wayne Community Schools Nutrition Services, Fort Wayne, IN

- Collaborated with multiple dietitians on school menu planning to meet USDA Nutrition Standards for grades K-12

Anderson Diabetes Care Center, Anderson, IN

- Provided individual and group diabetes nutrition education and counseling to clients with type 1, type 2, and gestational diabetes in an individual and class format

SKILLS & CERTIFICATIONS

- Certified Specialist in Obesity and Weight Management (CSOWM) – Obtained March 2018
- Skilled in Epic Charting Software
- Member of the Academy of Nutrition and Dietetics and Weight Management DPG

PRESENTATIONS & PUBLICATIONS

- *Healthy Holiday Eating* – Presented to Women in Business Unlimited – November, 2014
- Brankle, L. & Friesen, C. (2015). Self-Marketing Strategies: Put Your Best Foot Forward! *Indiana Dietetics in Health Care Communities – January Newsletter.*
- *Obesity and Pregnancy* – Presented to Marion County Health Department – July, 2016