

CLASS	FALL SEMESTER				SPRING SEMESTER			
FRESHMAN	HSC 160	Fundamentals of Human Health <sup>1</sup>	3 CR	<input type="checkbox"/>	HSC 200	Intro to Public Health Profession	3 CR	<input type="checkbox"/>
	HSC 180	Principles of Public Health <sup>2</sup>	3 CR	<input type="checkbox"/>	ENG 104	Composing Research <sup>4</sup>	3 CR	<input type="checkbox"/>
	ENG 103	Rhetoric & Writing <sup>4</sup>	3 CR	<input type="checkbox"/>	COMM210	Fund. of Public Comm <sup>4</sup>	3 CR	<input type="checkbox"/>
	MATH 125	Quantitative Reasoning <sup>4</sup>	3 CR	<input type="checkbox"/>	HIST 150	The West in the World <sup>4</sup>	3 CR	<input type="checkbox"/>
	UCC T1FA	Tier 1 Fine Arts	3 CR	<input type="checkbox"/>	UCC T1SS	Tier 1 Social Science	3 CR	<input type="checkbox"/>
	FIN 101	Personal Finance <sup>4</sup>	1 CR	<input type="checkbox"/>	UCC PFW	Physical Fitness & Wellness <sup>4</sup>	2 CR	<input type="checkbox"/>
<b>Term CR</b>			<b>16CR</b>				<b>17CR</b>	
SOPH	ANAT 201	Fundamentals of Human Anatomy	3 CR	<input type="checkbox"/>	HSC 210	Health Behavior Theories	3 CR	<input type="checkbox"/>
	HSC 220	Population, Race, Cult Public Health	3 CR	<input type="checkbox"/>	HSC 310	Healthcare Systems	3 CR	<input type="checkbox"/>
	UCC T1 HU	Tier 1 Humanities	3 CR	<input type="checkbox"/>	PHYS 205	Fundamentals of Human Physiology	3 CR	<input type="checkbox"/>
	UCC T2 FDH	Tier 2 Fine Arts/Design/Hum	3 CR	<input type="checkbox"/>	NUTR 275/ NUTR 340	Personal Nutrition <b>OR</b> Principles of Human Nutr ( <b>CHEM 100, 101, or 111</b> )	3 CR	<input type="checkbox"/>
		Directed Elective*	3 CR	<input type="checkbox"/>		Directed Elective*	3 CR	<input type="checkbox"/>
<b>Term CR</b>			<b>15CR</b>				<b>15CR</b>	
JUNIOR	HSC 301	Program Planning in Public Health 1 ( <b>HSC 200</b> )	3 CR	<input type="checkbox"/>	HSC 302	Program Planning in Public Health 2 ( <b>HSC 200, 301</b> )	3 CR	<input type="checkbox"/>
	HSC 344	Disease Prevention & Management in Public Health ( <b>PHYS 205</b> )	3 CR	<input type="checkbox"/>	HSC 330	Legislative Policy, Advocacy in Public Health	3 CR	<input type="checkbox"/>
	HSC 387	Biostatistics & Epidemiology ( <b>MATH 108 OR 110 OR 125 OR others see undergrad catalog</b> )	3 CR	<input type="checkbox"/>	Elective	Directed Elective*	3 CR	<input type="checkbox"/>
	HSC 482	Environmental Health	3 CR	<input type="checkbox"/>	HSC 388	Organization & Admin in Public Health	3 CR	<input type="checkbox"/>
		Directed Elective*	3 CR	<input type="checkbox"/>		Any Elective	3 CR	<input type="checkbox"/>
		Any Elective	3 CR	<input type="checkbox"/>				
<b>Term CR</b>			<b>18CR</b>				<b>15CR</b>	
SENIOR	HSC 487	Appl. Research, Writing, Evaluation in Public Health <sup>3</sup> ( <b>387, Sr. Status</b> )	3 CR	<input type="checkbox"/>	HSC 479 <sup>3</sup>	Internship: Must have minimum cumulative 2.5 GPA in HSC 200, 210, 301, 302, 310, 344, 387, 388, 487, 494	6 CR	<input type="checkbox"/>
	HSC 494	Health Comm. ( <b>200, 210, 301, 302</b> )	3 CR	<input type="checkbox"/>	An Internship is a senior capstone course. It should be the last course taken; do not plan to take other courses at the same time. The internship is required. It is undertaken with an approved health agency or educational institution. This professional experience is overseen by a university supervisor and an agency supervisor for a period of time commensurate with academic credit.			
	HSC 495	Professional Preparation in Public Health ( <b>200,210, 301, 302</b> )	3 CR	<input type="checkbox"/>				
		Directed* OR Any Elective	3 CR	<input type="checkbox"/>				
		Any 2 Electives	6 CR	<input type="checkbox"/>				
<b>Term CR</b>			<b>18CR</b>				<b>6CR</b>	
<b>Grand Total: 120 CR</b>								

<sup>1</sup> UCC Tier 1 domain: natural sciences <sup>2</sup> UCC Tier 2 domain: natural sciences/social sciences <sup>3</sup> UCC Tier 3 Course/Experience and Writing <sup>4</sup> UCC Foundation Reqts, written communications (2 classes), oral communication, mathematics, history, physical fitness and wellness. (UCC: University Core Curriculum)

Prerequisites are listed in parenthesis after the course title.

\* **Directed Electives (12 Credits)** Choose one course from each group in the table below

Population Health		Special Topics		Applied Health Practice		Special Topics in Health	
HSC 365	Health & aging	HSC 261 <sup>2</sup>	Health, sexuality, family life	HSC 350	Elementary school health	HSC 367	Drug depend & abuse
HSC 372	Women & health	HSC 371	Death and dying	HSC 368	Consumer health issues	HSC 381	Stress management
NUTR 448	Weight management	WGS 220	International women's issues	CPSY 420	Psychologic interventions	EDPS 351	Adolescent psychology
NUTR 360	Cardio met nutrition	HOSP 395	Food & culture	MGT 300	Managing org behavior	EDPS 355	Adult psychology
WWIN 201	Worker wellbeing	SOC 328	Global & social world	WWIN 310	Work wellness admin	PSYS 301	Health psychology
GERO 440	Women & aging	SOC 434	Human sexuality	WWIN 405	Work wellness coaching	MKG 375	Social media marketing
EXSC 302	Activity thru lifespan	SOC 320	Social inequality	COMM 320	Persuasion	EMHS 351	Intro emerg mgement
PSYS 324	Psychology of women	CPSY 470	Cross-cultural counseling	COMM 335	Communication & health	CPSY 200	Fund of Counseling
SOC 341	Sociol, health & illness			HSC 295	Read teach sch health		



**BALL STATE  
UNIVERSITY**

College of Health  
Department of Nutrition and Health Science

## STUDENT CHECK SHEET BACHELOR OF SCIENCE: PUBLIC HEALTH

Use this check sheet, along with your DegreeWorks student report and course catalog to help you keep track of “where you are” in the major.

### ABOUT THE MAJOR

This program prepares students for entry-level jobs as public health professionals. Public health professionals promote and protect the health of people and the communities where they live, learn, work and play. There is an emphasis on learning about prevention, how to prevent people from getting sick or injured in the first place. Public health professionals also promote wellness by encouraging healthy behaviors. This program in public health prepares students to become Certified Health Education Specialists (C.H.E.S.).

### PUBLIC HEALTH MAJOR 75 HOURS\*

In addition to the basic thirteen courses that all majors must take, each student must select 4 additional courses in directed electives that will enrich knowledge and/or skills in a particular specialty. A minor is recommended for this program. Minors often selected include, workplace wellness, Spanish, interpersonal relations, counseling, communication studies, management, or sociology.

### PROGRAM ACCREDITATION

The BA/BS in Health Education and Promotion program at Ball State University is accredited by the Council on Education for Public Health (CEPH) as a stand-alone baccalaureate program. The final self-study and complete review for accreditation report are available for reference purposes.

<https://www.bsu.edu/academics/collegesanddepartments/nutrition-health-science/academic-programs/healtheducation-and-promotion-major>

### PROFESSIONAL ORGANIZATIONS FOR PUBLIC HEALTH

National Commission for Health Education Credentialing-[www.nchec.org](http://www.nchec.org)

Society for Public Health Education (SOPHE)-[www.sophe.org](http://www.sophe.org)

American Public Health Association -[www.apha.org](http://www.apha.org)

Indiana SOPHE- [www.insophe.org](http://www.insophe.org)

Indiana Public Health Association – [www.inpha.org](http://www.inpha.org)

### CAREER OPPORTUNITIES FOR PUBLIC HEALTH MAJORS

Successful completion of the program can prepare graduates for jobs in public health. The primary career settings in which most students are placed include government health agencies, health care facilities (e.g., hospitals, clinics, nursing homes), health insurance agencies (e.g., HMO/managed care), nonprofit health organizations and business/industry worksites.

### CONTACT US

<p><b>Office of Admissions</b> Ball State University 800-482-4BSU 765-285-8300 TDD: 765-285-2205</p> <p><a href="https://www.bsu.edu/admissions">https://www.bsu.edu/admissions</a></p>	<p><b>Public Health Advising:</b> <b>Katharine Herbert, EdD</b> <b>765-285-8686</b> <b><a href="mailto:kjherbert@bsu.edu">kjherbert@bsu.edu</a></b></p> <p>Alyce D. Fly, PhD, CFS Professor and Chair <a href="mailto:adfly@bsu.edu">adfly@bsu.edu</a></p>	<p><b>Department:</b> <b>Nutrition and Health Science</b> Ball State University 1615 W. Riverside Ave HB 530 Muncie, IN 47306 Ph: 765-285-5961 Fx: 765-285-3210</p> <p><a href="https://www.bsu.edu/academics/collegesanddepartments/nutrition-health-science/academic-programs/public-health-major">https://www.bsu.edu/academics/collegesanddepartments/nutrition-health-science/academic-programs/public-health-major</a></p>
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