

CLASS	FALL SEMESTER				SPRING SEMESTER			
FRESHMAN	HSC 160	Fundamentals of Human Health ¹	3 CR	☐	HSC 200	Intro to Public Health Profession	3 CR	☐
	HSC 180	Principles of Public Health ²	3 CR	☐	ENG 104	Composing Research ⁴	3 CR	☐
	ENG 103	Rhetoric & Writing ⁴	3 CR	☐	COMM210	Fund. of Public Comm ⁴	3 CR	☐
	MATH 125	Quantitative Reasoning ⁴	3 CR	☐	HIST 150	The West in the World ⁴	3 CR	☐
	UCC T1FA	Tier 1 Fine Arts	3 CR	☐	UCC T1SS	Tier 1 Social Science	3 CR	☐
	FIN 101	Personal Finance ⁴	1 CR	☐	UCC PFW	Physical Fitness & Wellness ⁴	2 CR	☐
Term CR			16CR				17CR	
SOPH	ANAT 201	Fundamentals of Human Anatomy	3 CR	☐	HSC 210	Health Behavior Theories	3 CR	☐
	HSC 220	Population, Race, Cult Public Health	3 CR	☐	HSC 310	Healthcare Systems	3 CR	☐
	UCC T1 HU	Tier 1 Humanities	3 CR	☐	PHYS 205/ PHYS 215	Fundamentals of Human Physiology OR Human Physiology (5 cr)	3 CR	☐
	UCC T2 FDH	Tier 2 Fine Arts/Design/Hum	3 CR	☐	NUTR 275/ NUTR 340	Personal Nutrition OR Prin of Human Nutrition (CHEM 100, 101, or 111)	3 CR	☐
		Directed Elective*	3 CR	☐		Directed Elective*	3 CR	☐
Term CR			15CR		17 CR if take PHYS 215		15CR	
JUNIOR	HSC 301	Program Planning in Public Health 1 (HSC 200)	3 CR	☐	HSC 302	Program Planning in Public Health 2 (HSC 200, 301)	3 CR	☐
	HSC 344	Disease Prevention & Management in Public Health (PHYS 205)	3 CR	☐	HSC 330	Legislative Policy, Advocacy in Public Health	3 CR	☐
	HSC 382	Fundamentals of Biostatistics (MATH 108 or 110+)	3 CR	☐	HSC 383	Introduction to Epidemiology	3 CR	☐
	HSC 482	Environmental Health	3 CR	☐	HSC 388	Organiz. & Admin in Public Health	3 CR	☐
		Directed Elective*	3 CR	☐		Any Elective	3 CR	☐
		Any Elective	3 CR	☐				
Term CR			18CR				15CR	
SENIOR	HSC 487	Appl. Research, Writing, Evaluation in Public Health ³ (387 or 382 & 383, Sr. Status)	3 CR	☐	HSC 479 ³	Internship: Must have minimum cumul. 2.5 GPA in HSC 200, 210, 301, 302, 310, 344, 387, 388, 487, 494	6 CR	☐
	HSC 494	Health Comm. (200, 210, 301, 302)	3 CR	☐	An internship is a senior capstone course. It should be the last course taken; however, a remaining elective course may be taken that semester. It is undertaken with an approved health agency or educational institution. This professional experience is overseen by a university supervisor and an agency supervisor for a period of time commensurate with academic credit.			
	HSC 495	Professional Preparation in Public Health (200,210, 301, 302)	3 CR	☐				
		Directed* OR Any Elective	3 CR	☐				
		Any Electives, 2	6 CR	☐				
Term CR			18CR				6CR	
Grand Total: 120 CR								

¹ UCC Tier 1 domain: natural sciences ² UCC Tier 2 domain: natural sciences/social sciences ³ UCC Tier 3 Course/Experience and Writing ⁴ UCC Foundation Reqts, written communications (2 classes), oral communication, mathematics, history, physical fitness and wellness. (UCC: University Core Curriculum) Prerequisites are listed in parenthesis after the course title.

Directed Electives – Take 9 credits from the list below¹

HSC 261 ²	Health, sexuality, fam life	HSC 401	Public Health Surveillance	EDPS 270	Human dev lifespan	SOC 320	Social inequality
HSC 285	Global health	HSC 402	Reg Model Pub Hlth App	EDPS 351	Adolescent psychology	BIO 113	Microbiol health sci, 5cr
HSC 283	Patterns of Health & Disease	HSC 403	Public Health Informatics	EDPS 355	Adult psychology	EMHS 350	Emer mng haz
HSC 350	Elementary school health	NUTR 200	Mindful eating	COMM 320	Persuasion	EMHS 351	Intro em mgmt
HSC 365	Health & aging	NUTR 360	Cardio met nutrition	COMM 335	Communic & health	GERO 440	Women & aging
HSC 367 ²	Drug depend & abuse	NUTR 448	Weight management	PSYS 301	Health psychology	MKG 375	Social media
HSC 368	Consumer health issues	PHIL 235	Bioethics	PSYS 324	Psychology of women	NUR 228	Intro to nursing
HSC 371	Death & dying	EXSC 302	Activity thru lifespan	SOC 328	Global & social world	NUR 230	Health appr lifespan, 4cr
HSC 372	Women & health	HOSP 395	Food and culture	SOC 341	Sociol, health & illness	WWIN 201	Worker wellbeing
HSC 381	Stress management	WGS 220	Internatl women's issues	SOC 434	Human sexuality		

Courses are 3 credits each except where noted.

Effective Fall 2025 v1 11052024

STUDENT CHECKSHEET BS PUBLIC HEALTH



**BALL STATE
UNIVERSITY**

College of Health

Department of Nutrition and Health Science

STUDENT CHECK SHEET BACHELOR OF SCIENCE: PUBLIC HEALTH

Use this check sheet, along with your DegreeWorks student report and course catalog to help you keep track of “where you are” in the major.

ABOUT THE MAJOR

This program prepares students for entry-level jobs as public health professionals. Public health professionals promote and protect the health of people and the communities where they live, learn, work and play. There is an emphasis on learning about prevention, how to prevent people from getting sick or injured in the first place. Public health professionals also promote wellness by encouraging healthy behaviors.

PUBLIC HEALTH MAJOR 75-77 HOURS*

In addition to the twenty-one courses that all public health majors must take, each student must select 2-3 additional courses in directed electives that will enrich knowledge and/or skills in a particular specialty. A minor is recommended for this program. Minors often selected include workplace wellness, Spanish, interpersonal relations, counseling, communication studies, management, or sociology.

PROGRAM ACCREDITATION

The Bachelor of Science in Public Health is accredited by the Council on Education for Public Health. This program in public health prepares students to become Certified Health Education Specialists (C.H.E.S.).

PROFESSIONAL ORGANIZATIONS FOR PUBLIC HEALTH

National Commission for Health Education Credentialing - www.nchec.org

Society for Public Health Education (SOPHE) - www.sophe.org

American Public Health Association - www.apha.org

Indiana SOPHE - www.insophe.org

Indiana Public Health Association - www.inpha.org

CAREER OPPORTUNITIES FOR PUBLIC HEALTH MAJORS

Successful completion of the program can prepare graduates for jobs in public health. The primary career settings in which most students are placed include government health agencies, health care facilities (e.g., hospitals, clinics, nursing homes), health insurance agencies (e.g., HMO/managed care), nonprofit health organizations and business/industry worksites.

CONTACT US

Office of Admissions

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[https://www.bsu.edu/
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