

Curriculum Vita

LINDSEY C. BLOM (GROSSMAN)

Ball State University
School of Kinesiology
Muncie, IN 47306
E-mail: LCBLOM@bsu.edu

Dr. Lindsey Blom is a Professor of Sport and Exercise Psychology, Faculty Athletics Representative, and Sport & Exercise Psychology Graduate Program Coordinator at Ball State University interested in psychosocial aspects of youth sport and sport for development and peace. For the past decade, she has investigated positive youth development through sport and using sport to promote peace at the individual, community, and international levels. Specifically, her research focuses on maximizing the benefits of sport participation through a mastery and cooperative approach fostered by trained coaches and supportive parents, emphasizing holistic athlete development. Her recent projects include exploring the peace indicators and development of purpose in Liberian youth involved in a sport for development program, conducting sport for social change programs in India, Jordan and Tajikistan, developing a values-based curriculum that can be infused into recreational sport leagues, chairing the NASPE task force for the position statement on Maximizing the Benefits of Youth Sport, and running local after-school sport for peace and leadership programs with elementary school children. Additionally, she has been an invited expert on using sport for development to counter violent extremism for two closed roundtable discussions hosted by the Center on Global Counterterrorism Cooperation and Hedayah. Throughout her academic career, Dr. Blom has co-authored numerous journal articles, book chapters, and a book, *Survival Guide for Coaching Youth Soccer*, and received over three-quarters of a million dollars in externally funded grants as the principal investigator or Co-PI, with two recent PI grants related to sport of social change funded by the Department of State Bureau of Educational and Cultural Affairs' SportsUnited program. Dr. Blom also serves on the Board of Directors for the Indy Premier soccer club and Dream Sports Africa and on the Board for Ball State's Center for Peace and Conflict Studies, and is an Association of Applied Sport Psychology Fellow.

To accompany her educational training and research experience, Lindsey has over 15 years of consulting experience as a certified mental performance consultant (CMPC) and over 15 years of experience as a youth soccer coach. As a consultant, she has worked with administrators, coaches, and athletes from the youth to collegiate level on issues in creating a positive sport environment and maximizing performance. Furthermore, she has led numerous team-building workshops and presented at coaching conferences. Additionally, as a soccer coach, she has worked with children ages 4 to 18, in recreational, competitive, and school-based settings using her experiences as a semi-professional and Hall of Fame Division I soccer player.

EDUCATION

- Ed.D. Sport and Exercise Psychology, (May, 2005)
West Virginia University, Morgantown, WV
Dissertation Topic: The Coach-Athlete Dyad: The Impact of Educational Interventions on Perceptions and Psychosocial Variables (Jack Watson, Ph.D. Chair)
- M.A. Counseling Education, (December, 2004)
West Virginia University, Morgantown, WV
Internship: Fairmont State Counseling Center (Supervisor: Kat Stevens)

- Practicum: Chestnut Ridge Day Hospital of WVU Hospitals (Supervisor: Michelle Hewitt, M.A.)
 M.S. Kinesiology, emphasis in Sport Psychology (May, 2001)
Georgia Southern University, Statesboro, GA
 Thesis Topic: “High School Athletes’ Perceptions about Sport Psychology and Preferences for Service” (Charles Hardy, Ph.D., Chair)
- B.S. Psychology (May, 1999), Summa Cum Laude
Georgia Southern University, Statesboro, GA

ACADEMIC POSITIONS

- Professor, Sport & Exercise Psychology August 2019- present
 Associate Professor, Sport & Exercise Psychology August 2012 – 2019
 Assistant Professor, Sport & Exercise Psychology August 2008 – July 2012
 Ball State University, School of Kinesiology, Muncie, IN
 Faculty Athletics Representative, June 2017- current
 Graduate Coordinator, Sport and Exercise Psychology Program, August 2009- current
 Undergraduate Course Taught: *Psychological and Social Issues of Sport; Values through Sport Immersive Learning*
 Graduate Courses Taught: *Psychology of Exercise and Health, Foundation of Research Methods, Group Process in Sport, Research Applications for Sport Administrators, Introduction to Sport Psychology, Special Topic: Psychology of Youth Sport and Physical Activity, Practicum in Sport & Exercise Psychology, Sociology of Sport*
- Faculty Athletics Representative, Ball State University May 2017- present
 Committees: BSU Athletics Committee, Cardinal Varsity Club Board of Directors, BSU CARE Team, BSU Compliance and Eligibility Committee, & NCAA Men’s Basketball Oversight Committee (August 2019- present)
- Acting Director, Center for Peace and Conflict Studies January 2014 – June 2014
 Ball State University, Muncie, IN
 Duties: Conduct monthly advisory board meetings, organize monthly discussion series, supervise graduate assistant and interns, report to Associate Provost, promote research related activities, promote service opportunities on campus and in the community, organized Taking Back April: Relay for Non-violence (a community event that involved a relay to honor the victims of national and local events, included a social justice fair, \$5000+ in fundraising, food vendors, and children’s activities for 100+ participants), manage Center budget, host Cohen Fellowship Award presentation
- Assistant Professor, Coaching Education August 2005 – July 2008
 University of Southern Mississippi, School of Human Performance and Recreation, Hattiesburg, MS
 Sport Coaching Education Undergraduate Program Coordinator, August 2006- July 2008
 Sport Coaching Education Graduate Program Coordinator, August 2007- July 2008
 Undergraduate Courses Taught: *Sport Psychology, Exercise Psychology, Senior Capstone, Competitive Youth Sports*
 Graduate Courses Taught: *Sport Psychology, Advanced Sport Coaching Methodology*
- Graduate Teaching Assistant, Center for Women’s Studies August 2004-May 2005
 West Virginia University, Morgantown, WV
 Undergraduate Courses Taught: *Introduction to Women’s Studies*

- Graduate Teaching Assistant, School of Physical Education August 2001-May 2004
West Virginia University, Morgantown, WV
Undergraduate Courses Taught: *Psychological Perspectives of Sport; Sport in Society*
- Graduate Research Lab Associate, Sport Psychology Program August 1999- May 2001
Georgia Southern University, Statesboro, GA
Duties: Edited and reviewed research, Supervised undergraduate assistant, Maintained lab equipment
- Graduate Teaching Assistant, Department of Health and Kinesiology August 1999- May 2001
Georgia Southern University, Statesboro, GA
Undergraduate Classes Taught- *Beginning Volleyball, Jogging, Body Conditioning, Soccer*

PUBLICATIONS

BOOKS:

Blom, L. & Blom, T. (2009). *Survival guide to coaching youth soccer*. Champaign, IL: Human Kinetics.

BOOK CHAPTERS/SECTIONS:

- Blom, L.C.**, Visek, A. J., & Harris, B. S. (2018). Children and adolescents. In S. Razon & M. L. Sachs (Eds.), *Applied exercise psychology: The challenging journey from motivation to adherence*. New York, NY: Routledge.
- Harris, B. S., **Blom, L. C.**, & Visek, A. J. (2018). Key Considerations to Applied Services with Young Athletes. In C. J. Knight, C. Harwood, & D. Gould (Eds.). *Sport Psychology for Young Athletes (Chapter 21)*. New York, NY: Routledge.
- Blom, L.C.**, Visek, A., & Harris, B. (2013). Youth sport consulting ethics. In J. Watson and E. Etzel (Eds.), *Ethical Issues in Sport, Exercise, and Performance Psychology*. Morgantown, WV: Fitness Information Technology.
- Blom, L.C.** (2011). Psychological aspects of rehabilitation. In M. Higgins (Ed.), *Therapeutic exercise from theory to practice*, pp 35-53. Philadelphia: F.A. Davis.
- Burke, K.L. & **Blom, L.C.** (2006). On-line sport psychology courses. In M.L. Sachs, K.L. Burke, & D.C. Schrader (Eds.), *Directory of Graduate Programs in Applied Sport Psychology*. Morgantown, WV: Fitness Information Technology, Inc.
- Burke, K.L., Granito, V.J., **Blom, L.C.**, & Sachs, M.L. (2006). Surfing the net. In M.L. Sachs, K.L. Burke, & D.C. Schrader (Eds.), *Directory of Graduate Programs in Applied Sport Psychology*. Morgantown, WV: Fitness Information Technology, Inc.

PEER-REVIEWED JOURNAL ARTICLES (*student):

- *Ballesteros, J., **Blom, L. C.**, Capielo, C., Bolin, J., & Aegisdottir, S. (2019). High school athletes' race, personality, expectations, and attitudes regarding sport psychology consulting. *The Journal of Sport Behavior*, 42(3), 253-276.

- *Farello, A., **Blom, L. C.**, Mulvihill, T., & Erickson, J. (2019). Understanding female youth refugees' experiences in sport and physical education through the self-determination theory. *Journal of Sport for Development*, 7(13), 55- 72.
- Blom, L.C.**, Magat, P., & Dichter, H. L. (2019). Grassroots diplomacy through coach education: Americans, Jordanians and Tajiks. *Soccer & Society*. doi.org/10.1080/14660970.2019.1689125
- Darnell, S. C., Whitley, M. A., Camiré, M., Massey, W. V., **Blom, L.C.**, et al. (2019). Systematic Review of Sport for Development Literature: Managerial and Policy Implications. *Journal of Global Sport Management*. doi.org/10.1080/24704067.2019.1671776
- *Hilliard, R., **Blom, L. C.**, *Sullivan, M. (2019). Positive Youth Development and Citizenship Behaviors in Young Athletes: U.S. and Canadian Coaches' Perspectives. *The Physical Educator*, 76, 1135-1156. doi.org/10.18666/TPE-2019-V76-I5-8008
- *Brand, N. C., Razon, S., **Blom, L. C.**, & Bolin, J. (2019). Effect of Self-selected Music on Affective Responses and Running Performance: Directions and Implications. *International Journal of Exercise Science*, 12(5), 310-323.
- *Holtzclaw, K., **Blom, L. C.**, *Wade, A., & Judge, L. W. (2019). The impact of an educational intervention on youth swim coaches. *The Physical Educator*, 76, 307-328.
- *Bureau, A. T., **Blom, L. C.**, Bolin, J., & Nagelkirk, P. (2019). Passion for exercise: Passion's relationship to general fitness indicators and exercise addiction. *International Journal of Exercise Science*, 12(5), 122-135.
- Schulenkorf, N., Giannoulakis, C., & **Blom, L. C.** (2018). Sustaining commercial viability and community benefits: Management and leverage of a sport-for-development event. *European Sport Management Quarterly*. DOI:10.1080/16184742.2018.1546755
- Whitley, M., Massey, W., Camiré, M., **Blom, L.C.**, et al. (2018). A Systematic Review of Sport for Development Interventions Across Six Global Cities. *Sport Management Review*, 22(2), 181-193.
- *Stonecypher, J., **Blom, L. C.**, Johnson, J. E., Bolin, J. E., & *Hilliard, R. C. (2018). Interdependent Tripartite Efficacy Perceptions and Individual Performance: Case Study of a Boys' Basketball Team. *Psychological Reports*. DOI: 10.1177/0033294118761045
- Hurley, K. S., *Flippin, K. J., **Blom, L. C.**, Bolin, J. E., Judge, L. W., & Hoover, D. (2018). Practices, Perceived Benefits, and Barriers to Strength Training Among Women Enrolled in College. *International Journal of Exercise Science*.
- *Tracy, D., Johnson, J. E., Giannoulakis, C., **Blom, L. C.**, & Judge, L. W. (2017). Examining prior experiences and career attainment of FBS football head coaches. *International Journal of Sports Science and Coaching*, 1-17, DOI: 10.1177/1747954117746498.
- *Hilliard, R. C., **Blom, L. C.**, Hankemeier, D. A., & Bolin, J. E. (2017). Exploring the relationship between athletic identity and rehabilitation overadherence in college athletes. *Journal of Sport Rehabilitation*. doi: 10-1123/jsr.2015-0134 PMID: 26656209

- *Cooper, J., **Blom, L. C.**, Gerstein, L. H., & Hankemeier, D. A. (2016). Soccer for peace in Jordan: A qualitative analysis of program impact. *Journal of Sport for Development*, 4(6), 21- 35.
- *Akpan, A., **Blom, L. C.**, Bolin, J., & Paulson, S. (2016). Perceptions of beneficial behavior: The impact of a sport-based positive youth development initiative. *Indiana AHPERD Journal*, 45(1), 33 – 38.
- Massey, W., Whitley, M, **Blom, L. C.**, & Gerstein, L. (2016). Sport for development and peace: A systems theory perspective on promoting sustainable change. *International Journal of Sport Management and Marketing*. 16, 18 -35.
- *Foster. B., Razon, S., **Blom, L.** & Bolin, J. (2015). Optimism and female volleyball players' perceptions of psychological momentum. *Journal of Sport*, 4(1), 1 -18.
- Judge, L. W., *Kirkpatrick, K., Bolin, J., **Blom, L. C.**, Dieringer, S., & Bellar, D. (2015). Understanding the occupational stress of collegiate track and field coaches during the championship season. *International Journal of Sports Sciences & Coaching*, 10, 769 – 782.
- Blom, L.C.**, Judge, L, Whitley, M. A., Gerstein, L., Huffman, A., & Hillyer, S. (2015). Sport for development and peace: Experiences conducting domestic and international programs. *Journal of Sport Psychology in Action*, 6(1), 1-16.
- Blom, L. C.**, Gerstein, L, Stedman, K., Judge, L. W., Sink, A., & Pierce, D. (2015). Soccer for Peace: Evaluation of In-Country Workshops with Jordanian Coaches. *Journal of Sport for Development*, 3(4), 1- 12.
- Lee, D., **Blom, L.**, Zhang, J., Kim, S-H., & Judge, L. W. (2015). Sport brand extension evaluations: Relationships among brand breadth, brand fit, brand attitude, and purchase intention. *International Journal of Sport Management*, 16, 1- 17.
- *Hilliard, R. C., & **Blom, L. C.** (2015). A review of psychosocial factors that facilitate sport injury rehabilitation. *Indiana Association for Health, Physical Education, Recreation, and Dance Journal*, 44(1), 34-40.
- Blom, L. C.**, *Van Zee, A., *Hilliard, R. C., & Judge, L. W. (2014). Sport for Development and Peace: Knowledge of and Application by Youth Sport Directors. *International Journal of Sport Studies*, 4(11), 1349-1358.
- Blom, L. C.**, Brant, T., Alvarez, J., Hudson, G., Zhang, L., & Kolbo, J. (2014). Increasing fitness to improve academic performance: Implications for Physical Education Professionals. To appear in *MAHPERD Journal*, 2(1),3 -15, <http://issuu.com/mahperdjournal/docs/issuu2>.
- Gerstein, L., **Blom, L.**,* Sink, A., & *Akpan, A. (2014). Implementing Sport for Peace Principles with Elementary School Student Leaders. *Revista de ceretare si interventie socială*, 45, 7-16.
- *Burkett, B., **Blom, L. C.**, Razon, S., Johnson, J. E. (2014). Formal and Informal Athlete Leaders: The Relationship between Athlete Leadership Behaviors and Cohesion. *The Journal of SPORT*, 3(1), 2-29.
- Johnson, J. E., **Blom, L. C.**, Judge, L. W., Lee, D., Pierce, D. A., & *Ridley, M. J. (2013). The impact of

football bowl subdivision head coaching changes on NCAA Academic Progress Rate. *Journal of Intercollegiate Athletics*, 6, 131-154.

Blom, L. C., Visek, A. J., & Harris, B. S. (2013). Triangulation in youth sport: Healthy partnerships among parents, coaches, and practitioners. *Journal of Sport Psychology in Action*, 4(2), 86-96. doi: 10.1080/21520704.2012.763078. PubMed PMID: 24159422; PMCID: PMC3804269

Visek, A. J., Harris, B. S., & **Blom, L. C.** (2013). Mental training with youth sport teams: Developmental considerations and best-practice recommendations. *Journal of Sport Psychology in Action*, 4(1), 1-11. doi: 10.1080/21520704.2012.733910. PubMed PMID: 24273682. PMCID: 3834981. NIHMS 509648.

Harris, B. S., **Blom, L. C.**, & Visek, A. J. (2013). Assessment in Youth Sport: Practical Issues and Best Practice Guidelines. *The Sport Psychologist*. 27, 201-211.

*Colvin, T. R., **Blom, L. C.**, & *Bastin, C. (2012). The Impact of Season Success on New Coach-Athlete Relationships: A Pilot Study. *Journal of the Study of Sports and Athletes in Education* 6(3). 311-324.

Hudson, G., Alvarez, J., **Blom, L. C.**, Zhang, L., & Kolbo, J. (2012). The Association between Fitness and School Test Scores, Attendance, and Discipline among Mississippi Students. *MSAHPERD Journal*, 1(1), 18-29.

*Neelis, L., **Blom, L.**, Drane, D., Shelley, K., Speed, N., & Phillips, D. (2012). NCAA division I head softball coaches' confidence, openness, and stigma tolerance toward sport psychology consultants. *Journal of Contemporary Athletics*, 6(1), 51- 68.

Blom, L.C., Pierce, D., Nagelkirk, P., Whitmore, A., & Kaiser, L. (2012). The effects of a wellness camp on children's health-related quality of life. *IAHPERD Journal*, 2, 31-35.

Judge, L. W., Bellar, D., **Blom, L.**, Lee, D., Harris, B., Turk, M., McAtee, G., & Johnson, J. (2012). Perceived social support from strength and conditioning coaches among injured student athletes, *Journal of Strength & Conditioning Research*. 26(4), 1154-1161.

*Halbrook, M., **Blom, L. C.**, Bell, R., Hurley, K., & Holden, J. (2012). The Relationships among Gender, Individual Motivation Type and Perceived Team Cohesion. *Journal of Sport Behavior*, 35(1), 61 – 76.

Blom, L.C., *Abrell, L., Wilson, M.J., Lape J., Halbrook, M., & Judge, L.W. (2011, June). Working with Male Athletes: The Experiences of American Female Head Coaches. *ICHPER-SD Journal of Research*, 6(1), 36-43.

Blom, L.C., Alvarez, J., Zhang, L., & Kolbo, J. (2011, June). Associations between Fitness and Academics and Behavior Performance among Public School Students. *ICHPER-SD Journal of Research*, 6(1), 28-34.

*Yordy, B., Pierce, D.A., **Blom, L.C.**, & Bussell, L.A. (2011). Launching alternative revenue generating programs in interscholastic athletics." *Indiana AHPERD Journal*, 40(1), 3-7.

- Blom, L. C.,** Watson, J., & Spadaro, N. (2010). Understanding the Coach-Athlete Dyad: The Impact of Educational Interventions on Perceptions and Psychosocial Variables. *Athletic Insight*, 12 (3). Retrieved from <http://www.athleticinsight.com/Vol12Iss3/Feature.htm>
- Blom, L. C.,** Winger, S. R., Zakrajsek, R., & Kirkpatrick, K. (2010). Coaches' perceived knowledge of the national standards for sport coaches: Insights into coach development. *Journal of Coaching Education*, (3)3 [online].
- *Cottingham II, M., **Blom, L.,** Burchell, S., & Johnson, J. (2010). Understanding the relationships among social cohesion, the coach-athlete relationship, and socioeconomic status of high school softball and baseball players. *Journal for the Study of Sports and Athletes in Education*, 4(1), 9-22.
- Zizzi, S., **Blom, L.C.,** Watson, J., Downey, V., & Geer, J. (2009). Establishing a hierarchy of psychological skills: Coaches, athletic trainers, and psychologists' uses and perceptions of psychological skills training. *Athletic Insight* 11(2), <http://www.athleticinsight.com/>.
- Watson, J.C., Clement, D., **Blom, L.C.,** & Grindley, E. (2009). Mentoring: Processes and perceptions of sport and exercise psychology graduate students. *Journal of Applied Sport Psychology*, 21(2), 231-246.
- Keeler, L.A., Etzel, E.F., & **Blom, L.C.** (2009). Validation of a brief assessment of training recovery and stress in sport. *Athletic Insight*, 11(1) <http://www.athleticinsight.com/>.
- Visek, A.J., Harris, B.S., & **Blom, L.C.** (2009). Doing sport psychology: A youth sport consultation model for practitioners. *The Sport Psychologist*, 23, 271-291.
- Blom, L.C.** & Drane, D. (2008). Parents' sideline comments: Exploring the reality of a growing issue. *Athletic Insight*, 10(3), <http://www.athleticinsight.com/>
- Kolbo, J.R., Armstrong, M.G., **Blom, L.C.,** Bounds, W., Dickerson, H., Harbaugh, B., Molaison, E.F., & Zhang, L. (2008, August). Prevalence of overweight among children and youth in Mississippi: Current trends in weight status. *Journal of The Mississippi State Medical Association*, 49, 231-237.
- Blom, L.C.,** Blom, T.J., & Neelis, L. (2008). Integrating sport psychology into youth sport coaching. *Journal of Youth Sports*, 3, 17-23.
- Harbaugh, B.L., Jordan-Welch, M., Bounds, W., **Blom, L.** & Fisher, W. (2007). Nurses and families rising to the challenge of childhood overweight. *The Nurse Practitioner*, 23(3), 31-35.
- Smisson, C.P., Burke, K.L., Joyner, A.B., Munkasy, B.A. & **Blom, L.C.** (2007). Spectators' perceptions of momentum and personal control: Testing the Antecedents-Consequences Model." *Athletic Insight*, 9, <http://www.athleticinsight.com/>
- Blom, L.C.,** Hardy, C.J., Burke, K.L. & Joyner, A.B. (2003). High school athletes' perceptions about sport psychology and preferences for service. *International Sports Journal*, 7(2), 18-24.
- Grisaffe, C., **Blom, L.C.,** & Burke, K.L. (2003). The effects of head and assistant coaches' uses of humor on collegiate soccer players' evaluation of their coaches. *Journal of Sport Behavior*, 26, 103-108.

Carboni, J., Burke, K. L., Joyner, A. B., Hardy, C. J., & **Blom, L.C.** (2002). The effects of brief imagery on free throw shooting performance and concentrational style of intercollegiate basketball players: A single subject design. *International Sports Journal*, 6(2), 60-67.

FUNDED EXTERNAL GRANTS/CONTRACTS

U.S. Soccer Foundation Subaward from Zionsville Youth Soccer Association, Principal Investigator

April 2019 – December 2021

Funding for a positive youth development soccer program

Competitive, External

Status: Funded \$35,321

Department of State, U.S. Embassy Delhi, Principal Investigator

September 2018 – July 2019

Funding for a program called Leadership through Sports Program for Jammu and Kashmir (India)

Competitive, External

Status: Funded \$70,000

Peace Players International Program Evaluation Subaward from Adelphi University, Principal Investigator

September- April 2019

Funding to conduct mixed methods evaluation of a sport-based youth development leadership program designed to improve relationships between youth and police in 3 U.S. cities

Contract, External

Status: Funded \$45,356 (BSU Subaward: \$10,135)

Laureus Sport for Good Foundation and the commonwealth Secretariat (PI-Meredith Whitley)

May 2017 – November 2017

Funding to examine and compare the evidence of youth-focused Sport for Development (SfD) interventions with non-sport youth development interventions in the United States

Competitive, External, Subcontract

Status: Funded \$30,000

Laureus Sport for Good Foundation and the commonwealth Secretariat (PI-Meredith Whitley)

December 2016 – April 2017

Funding to examine and compare the evidence of youth-focused Sport for Development (SfD) interventions with mixed and non-sport based youth development interventions in six Global cities

Competitive, External, Subcontract

Status: Funded \$32,389

Benjamin V. Cohen Memorial Peace Fellowship Faculty Advisor (PI Ali Kanan Student)

July 2017– October 2018

Funding to study the experiences of SDP trained coaches in Tajikistan and Jordan

Co-PI: Lawrence Gerstein

Competitive, External

Status: Funded \$34,990

Benjamin V. Cohen Memorial Peace Fellowship, Principal Investigator

July 2016 – October 2017

Funding to study positive peace indicators in youth in a Liberian sport for development program

Amount Requested: \$43,403

Co- PIs: Kendall Bronk

Competitive, External

Status: Funded \$43,403

Africare, PowerForward Program, Lead Consultant

January – March 2015

Funding to revise the Power Forward Nigeria sport for development program

Contract, External

Co- PIs: Meredith Whitley, Akanimo Akpan

Funded: \$32,176

U.S. Department of State Bureau of Education and Cultural Affairs, SportsUnited, Principal Investigator

September 2013 – October 2015

Funding for Sport for Social Change: Tajikistan

Amount Requested: \$223,637

Competitive, External

Co- PIs: Lawrence Gerstein, Lawrence Judge, James Johnson, Kelley Steadman

Status: Funded \$223,512

The Society for the Study of Peace, Conflict, and Violence: American Psychological Association Peace Psychology Division 48, Co-Investigator (PI- Lawrence Gerstein)

June 2012 – October 2013

Funding to run after-school sport for peace leadership program

Amount Requested: \$2000

Competitive, External

Status: Funded \$1621

Cohen Peace Fellowship Program, Faculty Advisor (PI Jacob Cooper, Student)

June 2012 – October 2013

Applied for qualitative study on Jordan coaches' perceptions of sport for peace program

Amount Requested: \$12,690

Competitive, External

Status: Funded \$7930

U.S. Department of State Bureau of Education and Cultural Affairs, SportsUnited, Principal Investigator

September 2011 – October 2013

Funding for Soccer for Peace and Understanding in Jordan

Amount Requested: \$212,738

Competitive, External

Co- PIs: Lawrence Gerstein, Lawrence Judge, James Johnson, Kelley Steadman

Status: Funded \$212,738

IN-AHPERD Mini-Grant: Principal Investigator

June 2011 – May 2012

Funding for Elementary School Sport for Peace: Student Leadership Program

Amount Requested: \$1850

Competitive, External
Status: Funded \$1850

Blackford County Community Foundation: Co-Investigator (PI- David Pierce)
April 2011 – December 2011
Funding to run a Blackford County youth sport, health and wellness camp
Amount Requested: \$4750
Competitive, External
Status: Funded, \$4759

Portland Foundation: Co-Investigator (PI- David Pierce)
April 2011 – December 2011
Funding to run a Jay County youth sport, health and wellness camp
Amount Requested: \$4750
Competitive, External
Status: Funded, \$4750

Hollis Fund Grant: Sole Investigator
January 2011- December 2011
Funding for Examining Sport for Development & Peace Initiatives in Youth Sport
Amount Requested: \$500
Competitive, Internal
Status: Funded for \$500

Office of Academic Research and Sponsored Programs Ball State University, Sole Investigator
October 2008
Applied for New Faculty Start-up Funds to assist parent sideline behavior research
Amount Requested: \$1487
Competitive, Internal
Status: Funded for \$1250

The Bower Foundation, Co-Principle Investigator (PI Jerome Kolbo)
March 2008
Funding to assess and document the implementation and impact of the Committed to Move Quality Physical Education Program for MDE.
Amount Requested: \$134,116
Competitive, External
Status: Funded for \$134,116

The Bower Foundation, Co-Investigator (PI Jerome Kolbo)
March 2007
Funding to continue collection on weight prevalence data throughout Mississippi
Amount Requested: \$82,517
Competitive, External
Status: Funded for \$82, 517

Faculty Service Grant, Office of Sponsored Programs, West Virginia University, Secondary Investigator
April 2003
Funding to run an Anger Management and Violence Prevention Program with at-risk youths.

Amount Requested: \$12,000
 Competitive, Internal
 Status: Funded for \$10,000 (received salary)

The Kellogg Foundation and Office of Service Learning, West Virginia University, Secondary Investigator
 July 2002

Funding to pilot an anger management and violence prevention program with at-risk youths.
 Competitive, Internal
 Amount Requested: \$20,000
 Status: Funded for \$12,000 (received salary)

REFERRED PRESENTATIONS

INTERNATIONAL:

- *Gretton, T., *Blake, A., *Skutt, D., & **Blom, L. C.** (July 2019). *NCAA Division I Coaches' Perceptions of Sport Psychology and Mental Health Service Provision*. Presented at the 15th European Congress of Sport and Exercise Psychology, Münster, Germany.
- Blom, L. C.**, Hilliard, R., Gerstein, L., Judge, L., Ballesteros, J., & Johnson, J. (July 2019). *A Longitudinal Mixed-Methods Investigation of Tajik Coaches' Experiences in a Sport for Development Exchange Training Program*. Presented at the European Congress of Sport & Exercise Psychology, Münster, Germany.
- Darnell, S. C., Whitley, M. A., Camiré, M., Massey, W. V., **Blom, L. C.**, Chawansky, M., & Forde, S. (2017, November). *A Systematic Review of Sport for Development and Peace: Social and Policy Implications*. Presented at the North American Society for the Sociology of Sport, Windsor, Ontario.
- Giannoulakis, C., Schulenkorf, N., & **Blom, L.C.** (June 2017). The role of the change agent event context for sport for development projects. Paper presented at the North American Society for Sport Management, Denver, CO.
- Johnson, J. E., *Tracy, D., Giannoulakis, C., **Blom, L. C.**, Judge, L. W. (February 2017). Career attainment of FBS football coaches: An examination of prior experiences. Paper presented at the Global Sport Business Association, Cozumel, Mexico.
- *Wallace, A., Walsh, A., Razon, S., Powers, S., & **Blom, L.** (2015, July). *Zumba: A community intervention to promote physical activity in rural midwestern United States*. Poster scheduled for presentation at the 14th European Congress of Sport Psychology (FEPSAC), Bern, Switzerland.
- Blom, L.C.**, & *Hilliard, R. (2014, December). Youth Sport Personnel's Ideology, Knowledge, and Application of the United Nation's Millennium Development Goals. Paper presented at the International Conference of Youth Sport, Ljubljana, Slovenia.
- Blom, L.C.**, *Hilliard, R., *Van Zee, A., & Judge, L. (2014, November). Sport for development and peace: Knowledge of and application by youth sport directors. Paper presented at the North American Society for the Sociology of Sport conference, Portland, OR.

- *Camus, Z., & **Blom, L. C.** (2013). Relationship among Birth Order, Goal Orientation and Achievement Motivation in College Athletes. Presented at the FEBSAC conference, European Federation of Sport Psychology, Paris, France.
- Johnson, J. E., Judge, L. W., Lee, D., **Blom, L. C.**, Wanless, E., & Ridley, M. J. (2013, May). The impact of FBS coaching changes from 2003-2011. Presented at North American Society for Sport Management Conference, Austin, TX.
- Blom, L. C.**, Judge, L. W., *Cooper, J., Gerstein, L. H., Pierce, D. A., & Curtis, E. (April 2013). Assessing Sport for Development and Peace International Programs. Presented at the International Council for Health, PE, Recreation, Sport and Dance Forum. Charlotte, NC.
- Blom, L.C.**, & Wininger, S.R. (2009, November). High School Coaches' Knowledge, Continuing Education Interests, and Sources of Feedback. Paper presented at the International Council for Coach Education Global Coach Conference, Vancouver, British Columbia.
- Blom, L.C.**, & Drane, D. (2009, June). Understanding American Parents' Comments on the Sidelines. Paper presented at the International Society of Sport Psychology World Congress of Sport Psychology, Marrakesh, Morocco.
- Wilson, M.J. & **Blom, L.C.** (2007, August). A Seminal Examination of the Interaction between Female Coaches and Male Athletes from Three Competitive Levels: Unique Interviews. Paper presented at the European Congress of Sport Psychology, Halkidiki, Greece.
- Visek, A.J., Harris, B.S., & **Blom, L.C.** (2006, June). Breaking into youth sport: Doing sport psychology with young athletes. Paper presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSA) Annual Conference, Denver, CO.
- Aoyagi, M.W., Portenga, S.T., **Blom, L.C.**, & Cohen, A. (2005, October). Bridging the theory-practice gulf. Interdisciplinary training to master the art of applying sport psychology science. Paper presented at the AAASP Annual Conference, Vancouver, B.C.
- Blom, L.C.**, Watson, J., & Spadaro, N. (2005, October). Understanding the Coach-Athlete Dyad: The Impact of Educational Interventions on Perceptions and Psychosocial Variables. Paper presented at the AAASP Annual Conference, Vancouver, B.C.
- Emerson, E.N., Borlabi.W., Lanzillo, J.J., **Grossman, L.C.**, & Hardy, C.J. (1999). Workshop: Team dynamics and focus groups. Workshop Presented at AAASP Annual Conference, Banff, Canada.

NATIONAL:

- Gerstein, L. H., & **Blom, L.** (November 10, 2019). *Sport for Social Change: An Action Oriented Peacebuilding Curriculum, Building Sustainable Peace: Ideas, Evidence, Strategies*. Presented at the University of Notre Dame, Kroc Institute for International Peace Studies, South Bend, Indiana.
- Massey, W., **Blom, L. C.**, Fishers, L., Lee, S., Sappington, R., Carter, L. (October 2019). Navigating Sport Psychology Research Agendas Centered on Equity, Inclusion, and Social Justice. Presented at the Association for Applied Sport Psychology conference, Portland, OR.

- *Vann, S., Place, J. M. S., **Blom, L. C.**, Kraus, R. M. (October 2019). A Phenomenological Study: Social Support Processes for Female Student Athletes After an Abortion. Presented at the Association for Applied Sport Psychology conference, Portland, OR.
- Blom, L. C.**, Whitley, M., Forber-Pratt, A., Gerstein, L. H., Judge, L. W., *Farello, A.. (October 2019). *Leadership through Sport in Jammu and Kashmir, India: Conflict Prevention and Sport Inclusion Coach Training*. Presented at the Association for Applied Sport Psychology conference, Portland, OR.
- Moore, M. A., **Blom, L. C.**, *Farello, A., *Sullivan, M., *Vasiloff, O. (October 2019). *Redesigning a Youth Sport Program: Holistic Development to Reduce Dropout Rates*. Presented at the Association for Applied Sport Psychology conference, Portland, OR.
- *Gretton, T., *Kanan, A., *Farello, A., **Blom, L. C.** (October 2019). *Thinking Outside the Box: Unique Qualitative Methodologies & Best Practices*. Presented at the Association for Applied Sport Psychology conference, Portland, OR.
- *Gretton, T., *Kanan, A., **Blom, L. C.** (October 2018). An Exploration into the Cognitive Component of Elite High Jumpers' Pre-Performance Routines. Presented at Association for Applied Sport Psychology conference Toronto, Canada.
- Blom, L. C.**, Whitley, M., Massey, W., Camiré, M., Chawansky, M., Forde, S., Boutet, M., *Borbee, A., Darnell, S. (October 2018). Implications and Application from a Systematic Review of Global Sport and Non-Sport Youth Development Programs. Presented at the Association for Applied Sport Psychology conference, Toronto, Canada.
- Blom, L. C.**, *Farello, A., *Sullivan, M., *Ballesteros, J. (October 2018). Positive Peace Indicators in Liberia Youth: Effectiveness of Sport for Development Programming. Association of Applied Sport Psychology conference, Toronto, Canada.
- Farello, A., Sullivan, M., Califano, K., Gretton, T., Kanan, A., Moore, M., & **Blom, L.C.** (2018, Oct). *The 5C's approach to redesigning a youth soccer academy and promoting positive youth development*. Presented at the Association for Applied Sport Psychology conference, Toronto, Canada.
- Blom, L.C.** (2018, April). *Sport for Peace: Sport as a Mechanism for Peace-Building*. Presented at the Benjamin V. Cohen Peace Conference, Muncie, IN.
- *Ballesteros, J., **Blom, L. C.**, *Sullivan, M., Bronk, K. C., & McConchie, J. (2017, October). *Liberian's youth perceptions of violence and social responsibility*. Presented at the Association for Applied Sport Psychology annual conference, Orlando, FL.
- Blom, L. C.**,* Sullivan, M., *Ballesteros, J., Bronk, K. C., & McConchie, J. (2017, October). *Perceptions of Closeness of Liberian Youth in Sport Life Skills Program*. Presented at the Association for Applied Sport Psychology annual conference, Orlando, FL.
- *Leitzelar, B., **Blom, L.C.**, Bolin, J., Guilkey, J., & Mahon, A. (2017, June). *Regulatory Fit In Collegiate Soccer Players: Impact on Anxiety, Arousal, and Performance*. Poster session presented at the meeting of the American College of Sports Medicine, Denver, CO.

- Blom, L.C.**, Gerstein, L., Judge, L., Whitley, M., & *Hilliard, R. (2017, May). *Designing, Implementing, and Evaluating Coaching Education with Youth Coaches in Developing Countries*. Presented at the National Coaching Conference, Atlanta, GA.
- *Wheat, S., **Blom, L. C.**, Kraus, R. M., Lehmilller, J. J., (April 8, 2017). Perception of the Male Group Fitness Environment. Social Justice in Sport & Exercise Psychology conference, University of Virginia, Charlottesville, NC.
- Gerstein, L. & **Blom, L.C.** (2016, Aug). Teaching Youth Conflict Resolution and Peaceful Living Skills through Physical Activity. In Symposium, *Integrating Science and Practice: Physical Activity Programs for Youth Development* (L. Blom, Chair). Presented at the American Psychological Association (APA) convention, Denver, CO.
- Dombin, C., Whitley, M. & **Blom, L. C.** (2016, June). Power Forward, Nigeria: Integrating TPSR into the curriculum development of a basketball-based youth development program. Presented at the Teaching Personal Social Responsibility Alliance Annual Conference, Boston, MA.
- Blom, L. C.** & Gerstein, L. (2016, April). Using Sport for Peace Building and Development. Presented at the Cohen Peace Conference, Muncie, IN.
- Blom, L. C.**, & Whitley, M. (2016, April). Creating dialogue and mutual understanding among diverse groups through sport for development and peace programs. Presented at the Social Justice through Sport & Exercise Psychology conference, Bowling Green, OH.
- Blom, L. C.**, (2016, January). Soccer for Social Change: Experiences in Tajikistan and Jordan. Presented at the U.S. Youth Soccer Symposium at the National Soccer Coaches' Association of America national convention, Baltimore, MD.
- Blom, L. C.**, *Akpan, A., & Gerstein, L. (2015, Oct). Positive Youth Development through Sport Programs: A Collaborative Effort. In symposium, *Community Engaged Youth Development Research: Building Partnerships to Promote Action Research*. Research presented at the Association of Applied Sport Psychology national conference, Indianapolis, IN.
- Blom, L. C.**, *Hilliard, R., & Gerstein, L. (2015, Oct). Sport for Development and Youth Sport Personnel's Perceptions of the Psycho-Social Benefits of Sport Participation. Poster presented at the Association for Applied Sport Psychology national conference, Indianapolis, IN
- *Shue, S., Razon, S., **Blom, L. C.**, Bolin, J. E.. (2015, Oct). Military service members' perspectives on physical activity: A qualitative exploration. Annual Meeting of the Association for Applied Sport Psychology (AASP), Indianapolis, IN.
- *Foster, B., Razon, S., **Blom, L. C.**, Bolin, J. E.. (2015, Oct). Optimism and psychological momentum: A study of female volleyball players' perceptions. Annual Meeting of the Association for Applied Sport Psychology (AASP), Indianapolis, IN,
- Blom, L. C.**, Gerstein, L., Whitley, M. A., Judge, L, Huffman, A., & Hillyer, S. (2015, Aug). Experiences Conducting U.S. and International Sport for Development and Peace Programs. In panel, *Quick Peace Talks*. Presented at the American Psychological Association convention, Toronto, Canada.

- Blom, L. C.** (2014, Aug). Relationships through sport: Reducing social distances or promoting social inclusion? Paper from Symposium *Sport-based Interventions for Peace-Building and Social Inclusion*, presented at the American Psychological Association convention, Washington DC.
- Blom, L. C., *Akpan, A., *Lape, J., & Foster, B.** (2014, April). Building Bridges between Sport Parents and Coaches: A Focus-Group Study. Research presented at the American Alliance for Health, Physical Education, Recreation and Dance national convention, St. Louis, MO.
- Blom, L. C., Judge, L. W., Gerstein, L. H., Pierce, D., & *Sink, A.** (2013, October). Soccer for Social Change: The Results of a Cultural Exchange with Jordanian Coaches. Association for Applied Sport Psychology annual conference, New Orleans, LA.
- *Pasquini, E., *Drumright, W., & **Blom, L. C.** (2013, October). Graduate Study in Sport and Exercise Psychology: Lessons Learned From the Student Perspective. Association for Applied Sport Psychology annual conference, New Orleans, LA.
- *Halbrook, M., **Blom, L. C., Bell, R., Hurley, K. S., & Holden, J.** (2013, October). The Relationships among Gender, Individual Motivation Type, and Perceived Team Cohesion. Association for Applied Sport Psychology annual conference, New Orleans, LA.
- *Foster, B., *Cooper, J., & **Blom, L. C.** (2013, October). Lessons Learned From Mental Skills Consulting With Powerchair Soccer Athletes. Association for Applied Sport Psychology annual conference, New Orleans, LA.
- Judge, L. W., Kirkpatrick, K., **Blom, L. C., & Bolin, J. E.** (2013, October). NCAA Division I and III Track and Field Coaches Perceptions of Occupational Stress. Annual Conference of the Association for Applied Sport Psychology, New Orleans.
- Blom, L. C., & Gerstein, L. H.,** (2013, August). Symposium: Sport for Peace Programs with U.S. and International Youth and Adults. Research paper presented at the American Psychological Association Convention, Honolulu, HI.
- Blom, L.C., Gerstein, L., Judge, L. W., & Pierce, D.** (2013, April). Soccer for Peace and Understanding Program: Evaluation of Coaching Workshops. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance national convention, Charlotte, NC.
- Blom, L.C., *Colvin, M. R., & *Bastin, C.** (2013, April). The Impact of Season Success on New Coach-Athlete Relationships. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance national convention, Charlotte, NC.
- Blom, L. C., *Foster, B., Pasquini, E., Bastin, C., Whitmore, AL., & Gerstein, L. H.** (2012, October). Sport for Development and Peace: Lessons Learned from Conducting Local and International Programs. Presentation presented at the Association for Applied Sport Psychology annual meeting. Atlanta, GA.
- *Whitmore, A., **Blom, L. C., Pierce, D., Nagelkirk, P., & Kaiser, L.** (2012, October). The Effects of a Wellness Camp on Children's Health-Related Quality of Life. Presentation presented at the Association for Applied Sport Psychology annual meeting. Atlanta, GA.
- Visek, A., **Blom, L. C., & Harris, B.** (2012, October). Doing Assessment in Youth Sport: A Science-

Practice Synthesis of Approaches and Tools. Presentation presented at the Association for Applied Sport Psychology annual meeting. Atlanta, GA.

- Blom, L. C.,** Gerstein, L. H., Bastin, C. D., Mastronianni, E., & Whitmore, A. (2012, August). Implementation of a Sport for Peace After-School Leadership Program. Research paper presented at the American Psychological Association Convention, Orlando, Florida.
- Murray, M., & **Blom, L.C.** (2012, March). Creating Effective Partnerships with Youth Sport Parents: A Coaches' Workshop". #Presentation at the American Alliance for Health, Physical Education, Recreation and Dance national convention, Boston, MA. (# part of conference canceled due to power outage).
- Harris, B.S., **Blom, L. C.,** & Visek, A. J. (2011, September). "Working within Youth Sports Environments: Ethical Challenges and Solutions for Sport Psychology Practitioners. Presentation presented at the Association for Applied Sport Psychology annual meeting. Honolulu, HI.
- Blom, L. C. ,** Wilson, M. J., Lape, J., & Abrell, L. (2011, September). "A Qualitative Investigation of Female Head Coaches' Experiences in Working with Male Athletes." Research paper presented at the AASP annual meeting, Honolulu, HI.
- Blom, L. C.,** Visek, A., & Harris, B. S. (2011, August). "Sport for Peace: Best Practices for Building Peaceful Communities for Children." Research paper presented at the American Psychological Association Convention, Washington, D.C.
- Ritchey, A., Bellar, D., Judge, L.W., Lee, D., **Blom, L.,** Turk, M., Harris, B. (2001, July). "The Role Of The Strength Coach in Providing Social Support Among Injured Student-Athletes. Research paper presented at the National Strength and Conditioning Association, Las Vegas, NV.
- Wilson, M. J., **Blom, L. C.,** & Nuxol-Wilson, L. (2010, May). "Building Great Parent-Player Relationships." Presented at the Athlete Development Summit, Orlando, FL.
- Blom, L. C.,** Lape, J., Kirkpatrick, K., Borlee, C., Halbrook, M. (2010, October). "A Review of Research on Spectator Comments at Youth Sporting Events". Paper presented at the Association for Applied Sport Psychology annual meeting, Providence, RI.
- Blom, L. C.** (2010, October). Teaching the Millennial Student: Using Group Dynamics Research. Presented at the Association for Applied Sport Psychology annual meeting, Providence, RI, National.
- Keeler, L. A., Clifford, D., & **Blom, L.C.** (2010, August). Initial Exploration of Goal-Orientation for Weight Management." Paper presented at the American Psychological Association Convention in San Diego, CA.
- Cottingham, M., **Blom, L.C.,** & Hubble-Burchell, S. (2010, March). "Understanding the relationships among social cohesion, the coach-athlete relationship, and socioeconomic status of high school softball and baseball players." Paper presented at the AAHPERD National Convention and Exposition in Indianapolis, IN.
- Blom, L.C.,** & Borlee, C.S. (2009, September). "Exploring the Affects of Coach and Team Conflict on

Athletes' Stress and Recovery Levels." Paper presented at the Association for Applied Sport Psychology Annual Conference, Salt Lake City, UT.

- DeLion, J., Bringle, R., **Blom, L.C.** (2009, September). "The Effect of Burnout on Depression in Athletes." Paper presented at the Association for Applied Sport Psychology Annual Conference, Salt Lake City, UT.
- Keeler, L.A., **Blom, L.C.**, & Grindley, E. (2008, September). "Energize It! Learning Group Counseling Techniques To Inject Energy, Direction And Insight Into Your Team Sport Psychology Sessions." Presented at the Association for Applied Sport Psychology Annual Conference, St. Louis, MS.
- Lubker, J.R., **Blom, L.C.**, & Parker, P. (2008, September). "Establishing a Paid Consultation with your University's Athletic Department: Tips from the Trenches." Presented at the Association for Applied Sport Psychology Annual Conference, St. Louis, MS.
- Green, L.B., **Blom, L.C.**, Drane, D., & Green, B. (2007, October). "Psychosocial Benefits of Youth Sports: Pre-Katrina versus Post-Katrina." Paper presented at the Association for Applied Sport Psychology (AASP formerly named AAASP) Annual Conference, Louisville, KY.
- Blom, L.C.**, Drane, D., & Neelis, L. (2007, October). "Exploration of the Frequency and Intensity of Parental Sideline Behaviors at Youth Sporting Events: The Perspective of League Administrators and Parents. Paper presented at AASP Annual Conference, Louisville, KY.
- Blom, L.C.**, (2006, September). "Transitioning from Student to Professional: Publish or Perish." Paper presented as part of a symposium entitled "Transitioning from Student to Professional: Peer Mentoring for the First "Real" Job" at AAASP Annual Conference, Miami, FL.
- Visek, A.J., Harris, B.S., & **Blom, L.C.** (2006, September). "Youth Athletes are NOT Miniature Adults: A Comprehensive Guide to Performance Enhancement with Youth Sport." Workshop presented at AAASP Annual Conference, Miami, FL.
- Watson, J.C., Clement, D.C., **Blom, L.C.**, & Grindley, E.J. (2006, September). "An Evaluation of Graduate Student Mentoring Programs in Sport and Exercise Psychology." Paper presented at AAASP Annual Conference, Miami, FL.
- Etzel, E.F., Keeler, L.A., Schmidt, D., & **Blom, L.C.** (2006, August). "Validation of a Brief Assessment of Training Recovery and Stress in Sport." Paper presented at the American Psychology Association (APA) Annual Conference, New Orleans, LA.
- Wilson, M, **Blom, L.**, Burke, K.L, & Hawkins, B. (2006, March). "Student-Athlete Perceptions of NCAA Freshman Eligibility: To Play or Delay." Paper presented at the Drake Group Conference, Indianapolis, IN.
- Blom, L.C.**, Goodrich, D., Dell'Orso, M., & Watson, J. (2004, September). "Comparison of Age and Achievement Goal Orientation on Female Aerobic Class Participants' Exercise Identity and Self-Determined Motivation. Paper presented at the AAASP Annual Conference, Minneapolis, MN.
- Zizzi, S., Parker, P., & **Blom, L.C.** (2004, September). "Evaluating the Effectiveness of a Screening and

Intervention Program on Clinic-based Exercise Adherence.” Paper presented at the AAASP Annual Conference, Minneapolis, MN.

Etzel, E., **Blom, L.**, & Downey, V.P. (2003, October). “Use of The Recovery-Stress-Questionnaire Sport (REST-Q) in monitoring overtraining: A preliminary study of collegiate wrestlers.” Paper presented at the AAASP Annual Conference, Philadelphia, PA.

Blom, L.C., Keeler, L., Parker, P. (2003, October). “Interactive approaches to the undergraduate sport psychology classroom: Play to learn.” Workshop presented at the AAASP Annual Conference, Philadelphia, PA.

Downey, V.P., Zizzi, S., Watson, J., **Blom, L.** (2003, October) “Establishing a hierarchy of psychological skills’ psychologists’ perceptions of competence and effectiveness.” Paper presented at the AAASP Annual Conference, Philadelphia, PA.

Blom, L.C. & Etzel, E.F. (2002, November). “Brief assessment of mood to monitor team’s mood states throughout season.” Paper Presented at AAASP Annual Conference, Tucson, AZ.

Clark, T., Zizzi, S., Goodrich, D., Parker, P., **Blom, L.**, Grindley, E., Naoi, A. (2002, November) “The development of a community based performance enhancement workshop series: Providing exposure to psychological skills.” Paper Presented at AAASP Annual Conference in Tucson, AZ.

Watson, J.C., **Blom, L.C.**, & Parker, P.M. (2002, November). “Grant writing in sport psychology: Learning from experience.” Colloquium Presented at AAASP Annual Conference, Tucson, AZ.

Blom, L.C., Hardy, C.J., Burke, K.L. & Joyner, A.B. (2001). “High school athletes’ perceptions about sport psychology and preferences for service.” Paper Presented at AAASP Annual Conference in Orlando, FL.

REGIONAL/STATE:

Blom, L. C., Ellery, J., & Sullivan, M. (2017, Sept). Sporting Areas as a Placemaking Process for Peace-Building. Presented at the Diversity Research Symposium, Ball State University, Muncie, IN.

Blom, L. C. (Jan 2014). United We Support: Harnessing the Power of the Parent-Coach Partnership. Presented at the Indiana Soccer Annual Conference. Carmel, IN.

Blom, L. C., Akpan, A., & Newnam, J. (Jan 2014). Deliberately Building Character Through Sport: The Values Through Sport Program. Presented at the Indiana Soccer Annual Conference. Carmel, IN.

Bastin, C., Flippin, K., Woodward, S., Kirkpatrick, K., & **Blom, L. C.** (November 11, 2011). "Effects of Task Difficulty on Group Cohesion for Fitness Classes", Indiana AHPERD Conference, Indiana AHPERD, Indianapolis, IN.

Blom, L. C., Bastin, C., Flippin, K., Pasquini, E., & Trejo, B. (November 11, 2011). "Sport for Peace: Student Leadership Program", Indiana AHPERD Conference, Indiana AHPERD, Indianapolis, IN.

Martin, C.L.L., Speed, N., Gould, T., Krebs, G., **Blom, L.C.**, & Phillips, D. (2009, November). “Physical Education Content Knowledge and Physical Activity Behaviors of High School Students”. Paper to

be presented at the Mississippi Association for Health, Physical Education, Recreation, and Dance (MSAHPERD) in Biloxi, MS.

Drane, D. & **Blom, L.** (2007, April). "The Role of Youth Sports in Post-Trauma Wellness: Implications for the Mississippi Gulf Coast." Paper presented at the Southern Sport Management Conference, Troy, AL.

Blom, L.C., Glover, M., & Gallagher, B. (2007, February). "Youth Sport Parents' Sideline Behaviors: Exploring the Reality of this Growing Issue." Paper presented at the Southern District American Alliance for Health, Physical Education, Recreation, and Dance, Chattanooga, TN.

INVITED PRESENTATIONS

Blom, L.C. & Bronk, K. C. (2018, April). *Liberian Youth's Experiences of Positive Peace: Participation in a Sport for Development Program*. Presented at the Benjamin V. Cohen Peace Conference hosted by Ball State University, Muncie, IN.

Blom, L. C. (2017, November). *Sport as a Peace-Building Tool*. Presented at the Spiritual Life Center Soup and Speaker Series, Indianapolis, IN,

Blom, L.C. (2017, October). *The Conundrum of Pervasive Positive Youth Sport*. Discussant for an invited panel at the Association for Applied Sport Psychology annual conference, Orlando, FL.

Blom, L. C. (April 13, 2017). Sport & Exercise Psychology: Path, Opportunities, and Next Steps. Careers in Psychology Forum Keynote, Indiana Tech, Fort Wayne, IN.

Blom, L. C. (2016, Jan). Soccer for Social Change: Experiences in Tajikistan and Jordan. Poster presented at the U.S. Youth Soccer Symposium, Baltimore, MD.

Blom, L. C. (2015, Oct). Coaching Education and Sport Psychology: Youth Coaches in Developing Countries. In panel, *Five Slides for Five Minutes: Coaching*. Presented at the Association of Applied Sport Psychology national conference, Indianapolis, IN.

Blom, L. C. (2015, May). Sport for Social Change: Increasing Positive Sport Experiences for Youth in Developing Countries. Presented at the *Youth Sport Virtual Conference* hosted by the Association of Applied Sport Psychology.

Blom, L. C. (2015, April). *Using Sport for Peacebuilding*. Presented at the U.S. Institute of Peace Arts & Cultural Forum. Washington, D.C.

Blom, L. C. (2014, May). Using Sport for Development. Closed Expert Roundtable on the Role of Education in Countering Violent Extremism, Hedayah and Center on Global Counterterrorism Cooperation, Abu Dubai, U.A.E.

Blom, L. C. (2013, September). Using Sport in Education for Peace and Development. Closed Roundtable on the Role of Education in Countering Violent Extremism, Hedayah and Center on Global Counterterrorism Cooperation, New York, NY.

- Blom, L.C., & Schoenstedt, L.** (2012, March). "The Sport Parent: THEIR Side of the Story". #Presentation at Coaching Day Workshop at the American Alliance for Health, Physical Education, Recreation and Dance national convention, Boston, MA. (# part of conference canceled due to power outage).
- Blom, L. C.** (2011, November). "Infusing Values Education into Your Coaching", Pre-convention workshop, presented at the Ohio AHPERD & Midwest District of AAHPERD conference, Columbus, OH.
- Blom, L. C.** (2011, November). "Promoting Positive Parent Involvement", Pre-convention workshop, presented at the Ohio AHPERD & Midwest District of AAHPERD conference, Columbus, OH.
- Blom, L.C.** (2009, September). "United We Support: Harnessing the Power of the Parent- Coach Partnership in Youth Sport". Workshop presented at the Sport Psychology Expo, Salt Lake City, UT. (National)
- Blom, L.C.** (2009, May). "Psychology of Exercise Adherence." Live Internet lecture presented to Korean students and faculty members at Ball State University and Kyunghee University, Suwon, Korea. (Local)
- Blom, L.C.** (2009, March). "Guidelines for Optimizing the Psychological Benefits of Exercise." Seminar presented to students in an exercise prescription course, Ball State University, Muncie, IN. (Local)
- Blom, L.C.** (2008, October). "Introduction to Sport and Exercise Psychology." Seminar presented to students in an exercise science introduction course, Ball State University, Muncie, IN. (Local)
- Harbaugh, B., **Blom, L.,** & Kolbo, J. (2008, March) "A Study of Obesity in Preschoolers: Results and Recommendations." Paper presented at the State Association of Mississippi Head Start Centers Spring Conference, Jackson, MS. (State)
- Blom, L.C.** (2008, January). "Utilizing Sport Psychology: Psychological Skills Training." Presented to participants in the Brazilian Coaches Educational and Cultural Exchange for the School of Human Performance and Recreation at the University of Southern Mississippi, Hattiesburg, MS. (Local)
- Blom, L.C.** (2007, October). "Making Exercise a Lifetime Habit: Learning How to Enjoy It. Presented to students in a personal wellness course at William Carey University, Hattiesburg, MS. (Local)
- Blom, L.C.** (2007, September). "Introduction to Sport and Exercise Psychology." Seminar presented to students in an exercise science introduction course, University of Southern Mississippi, Hattiesburg, MS. (Local)
- Blom, L.C.** (2007, March). "Introduction to Exercise Psychology." Seminar presented to students in an exercise science introduction course, University of Southern Mississippi, Hattiesburg, MS. (Local)
- Blom, L.C.** (2007, February). "Psychology of Athletic Injuries." Seminar presented to undergraduate students in Athletic Training, University of Southern Mississippi, Hattiesburg, MS. (Local)
- Harbaugh, B., **Blom, L.,** Bounds, W., & Johnson, K. (2006, December). "Addressing Child Obesity in Headstart." Invited paper presented at the Region IV Headstart Health Institute, Atlanta, GA. (Regional)

- Blom, L.C.** (2006, November). "Daily Activities of a Performance Enhancement Consultant." Seminar presented to students in a sport and exercise psychology undergraduate course, University of Southern Mississippi, Hattiesburg, MS. (Local)
- Blom, L.C.** (2006, October). "Children in the State of Overweight." Invited paper presented as part of a symposium at the Mississippi Nurse Practitioners, Florence, AL. (State)
- Blom, L.C.** (2006, October). "Children in the Most Overweight State: Active solutions for overweight children and families." Invited paper presented as part of a symposium at the Mississippi Nurses Association Convention, Florence, AL. (State)
- Blom, L.C.** (2006, June). "Psychology of Coaching the Female Athlete." Seminar presented to Human Performance and Recreation majors, University of Southern Mississippi, Hattiesburg, MS. (Local)
- Blom, L.C.** (2006, January). "Psychology of Athletic Injuries." Seminar presented to undergraduate students in Athletic Training, University of Southern Mississippi, Hattiesburg, MS. (Local)
- Blom, L.C.** (2004, February). "Psychology of Coaching Soccer." Presented at the annual West Virginia Soccer Association Coaches' Conference. (State)

COMPLETED STUDENT RESEARCH

Doctoral Dissertation Committees:

Bomar, R., **Committee member**, Adult, Higher, and Community Education, Completed May 2017

Elizabeth Robinson, **Committee Member**, completed May 2011, School of Music, Ball State University
"The Solo Flute Works of Toru Takemitsu: Common Compositional Traits of Voice, Itinerant, and Air"

Jason Jones, **Committee Member**, completed April 2010, School of Human Performance and Recreation, University of Southern Mississippi "The Use of Physical Cues to Predict the Placement of Penalty Kicks"

Laurie Neelis, **Co-Chairperson**, completed December 2008, School of Human Performance and Recreation, University of Southern Mississippi "Division I Head Softball Coaches' Use of Sport Psychology Consultants"

Christina Martin, **Committee Member**, completed August 2008, School of Human Performance and Recreation, University of Southern Mississippi "The Relationships among Physical Education Content Knowledge, Health and, Physical Activity Levels in Mississippi 9th and 12th graders"

Master's Theses/Projects Committees

Gretton, T. (2019). Master's committee chair. School of Kinesiology, Ball State University.

Farello, A. (2019). Master's committee chair. School of Kinesiology, Ball State University.

Studler, J. (2019). Master's committee. School of Kinesiology, Ball State University.

- Slagel, M. (2019). Master's committee. Psychological Sciences. Ball State University.
- Ausmus, J.C. (2019). Master's committee chair. School of Kinesiology, Ball State University.
- Sullivan, M. (2018). Master's committee. School of Kinesiology, Ball State University.
- Vann, S. (2018). Master's committee chair. School of Kinesiology, Ball State University.
- Morphew, S. (2018). Master's research advisor. School of Kinesiology, Ball State University.
- Bureau, A. (2017, July). "Passion for exercise: Potential links and implications for fitness and health." Master's committee chair. School of Kinesiology, Ball State University.
- Ballesteros, J. (2017, July). "High school athletes' personality, expectation, attitudes regarding sport psychology consulting." Master's committee chair. School of Kinesiology, Ball State University.
- Wade, A. (2017, July). The effects of yoga on mindfulness and performance in college male golfers. Master's research advisor. School of Kinesiology, Ball State University.
- Dalicandro, L. (2017, July). Student-athletes' perceptions of LGBT Athletes. Master's research advisor. School of Kinesiology, Ball State University.
- Danowski, D. (2017, July). The effects of self-selected music on mood, emotion, and perceived exertion between physical activities. Master's research advisor. School of Kinesiology, Ball State University.
- Wallace, A., (2017, July). "Imagery and Strength Training: Student Athletes' Perceptions, Desires, and the Impact of Psychoeducation." Master's research advisor. School of Kinesiology, Ball State University.
- Walsh, J. A. (2017, July). "Factors Related to College Football Players' Conformity to Traditional Masculine Norms". Master's committee chair. School of Kinesiology, Ball State University.
- Holtclaw, K. (2016, July). The Impact of an Educational Intervention on Youth Swim Coaches' Behaviors. Master's research advisor. School of Kinesiology, Ball State University.
- Leitzelar, B. Thesis, **Chair**, completed October 2015, School of Kinesiology, Ball State University, *Regulatory fit: Impact on anxiety, arousal, and performance in college-level soccer players.*
- Sink, A. Thesis, **Chair**, completed July 2015, School of Kinesiology, Ball State University, *Relationships among perceptions of coach feedback and athlete sport-confidence and motivation.*
- Hilliard, R. Thesis, **Chair**, completed April 2015, School of PE, Sport & Exercise Science, Ball State University, *Understanding the Relationship between athletic identity and rehabilitation overadherence in college athletes.*
- Akpan, A. Thesis, **Chair**, completed July 2014, School of PE, Sport & Exercise Science, Ball State University, *Perceptions of Beneficial Behavior: The Impact of a Sport-Based Positive Youth Development Initiative.*

- Stonecypher, Thesis, **Chair**, completed April 2014, School of PE, Sport, & Exercise Science, Ball State University, *Tripartite Efficacy, Cohesion, and Individual Performance of a High School Basketball team*.
- McGary, Thesis, **Committee Member**, completed April 2014, School of PE, Sport, & Exercise Science Ball State University, *Gaining Insight on Physical Activity Behaviors from Individuals Returning from Deployment*.
- Pasquini, Thesis, **Chair**, completed July 2013, School of PE, Sport, and Exercise Science - Sport and Exercise Psychology, Ball State University, *The Relationship between Immediacy Behaviors and Athletes' Meta-perception Accuracy in the Coach-Athlete Relationship*.
- Foster, Thesis, **Co-Chair**, completed July 2013, School of PE, Sport, and Exercise Science - Sport and Exercise Psychology, Ball State University, *Optimism and Female Volleyball Players' Perceptions of Psychological Momentum*.
- Drumright, Thesis, **Chair**, completed July 2013, School of PE, Sport, and Exercise Science - Sport and Exercise Psychology, Ball State University, *High School Coaches' Attitudes Towards Sport Psychology Consulting*.
- Burkett, Thesis, **Chair**, completed July 2013, School of PE, Sport, and Exercise Science - Sport and Exercise Psychology, Ball State University, *Formal and Informal Athlete Leaders: The Relationship Between Athlete Leadership Behaviors and Cohesion*.
- Camus, Research Paper, **Adviser**, completed July 2013, School of PE, Sport, and Exercise Science- Sport and Exercise Psychology Specialization, Ball State University, *Relationships Among Birth Order, Goal Orientation, and Achievement Motivation in College Student Athletes*.
- Stout, Research Paper, **Adviser**, completed May 2013, School of PE, Sport, and Exercise Science- Sport and Exercise Psychology Specialization, Ball State University, *Storytelling for Performance: Perceptions of Usefulness in High School Baseball Players*.
- Van Zee, Research Paper, **Adviser**, completed July 2013, School of PE, Sport, and Exercise Science- Sport and Exercise Psychology Specialization, Ball State University, *Sport for Development and Peace: Knowledge of and Application by Youth Sport Directors*.
- Flippin, Thesis, **Chair**, completed July 2012, School of PE, Sport, and Exercise Science- Sport and Exercise Psychology, Ball State University, *Perceived barriers to strength training in college age women*.
- Woodward, Thesis, **Chair**, completed July 2012, School of PE, Sport, and Exercise Science- Sport and Exercise Psychology, Ball State University, *Sources that Predict Leadership Behaviors in Coaches of Athletes with Disabilities*.
- Lape, Thesis, **Chair**, completed July 2012, School of PE, Sport, and Exercise Science- Sport and Exercise Psychology Specialization, Ball State University, *Exercise as a Treatment for Depression and Anxiety: A Viable Option?*
- Campbell, Thesis, **Committee Member**, completed April 2012, Clinical Exercise Physiology, Ball

State University, *Pre-Bariatric Surgery Physical Activity Intervention*.

Martin, Thesis, **Committee Member**, completed December 2011, Family and Consumer Sciences-Nutrition, Ball State University, *Theory of Anticipatory Guidance to Effectively Identify Nutrition Education Needs, Eating Disorder Risk and Nutrition Knowledge/Attitudes Among Freshmen and Sophomore Collegiate Athletes*.

Kirkpatrick, Thesis, **Committee Member**, completed August 2011 School of PE, Sport, and Exercise Science- Sport and Exercise Psychology Specialization, Ball State University, *The Relationship between Perceived Occupational Stress and Perceived Social Support among Coaches*.

Trumbull, Research Paper, **Adviser**, completed May 2011, *New Coach-Athlete Relationships: The Impact of a Successful or Non-Successful Competitive Season*.

Halbrook, Thesis, **Chair**, completed August 2010, School of PE, Sport, and Exercise Science- Sport and Exercise Psychology Specialization, Ball State University, *The Relationships Among Gender, Individual Motivation Type and Perceived Team Cohesion*.

Lee, Thesis, **Committee Member**, completed April 2010, School of PE, Sport, and Exercise Science- Exercise Physiology, Ball State University, *Evaluation of risk factors associated with low bone mineral density*.

Yordy, Creative Project, **Committee Member**, completed April 2010, School of PE, Sport, and Exercise Science- Sport Administration Specialization, Ball State University, *Launching Alternative Revenue-Generating Programs at Eastbrook Community Schools*.

Dinsmore, Thesis, **Committee Member**, completed December 2009, School of PE, Sport, and Exercise Science- Sport Administration Specialization, Ball State University, *Understanding Motivation: MLB Players' Performances before and after Signing a Free Agent Contract*.

Abrell, Research Paper, **Advisor**, completed August 2009, School of PE, Sport, and Exercise Science- Physical Education, Ball State University, *An Investigation of Women Coaching Men*.

Cottingham, Thesis, **Chair**, completed August 2008, School of Human Performance and Recreation, University of Southern Mississippi, *Understanding the Relationships among Social Cohesion, the Coach-Athlete Relationship, and Socioeconomic Status of High School Softball and Baseball Players*.

Lux, Research Paper, **Advisor**, completed August 2008, School of Human Performance and Recreation, University of Southern Mississippi, *Coaching Behaviors of Tennis Coaches in Germany: How They Keep Their Players Motivated in Practice*.

PROFESSIONAL/NATIONAL SERVICE

Editorial Board Member, Journal of Applied Sport Psychology, January 2018- current

Board of Directors, Member, Indy Premier soccer club, July 2017- current

Board of Directors, Dream Sports Africa, January 2016- current

Journal Article Reviewer, *Journal of Sport for Development*, 2015 - current

Member, AASP Foundation Community Outreach/Research Seed Grant Program Proposal Review Committee,
2015- current

Journal Article Reviewer, *Sport, Exercise, and Performance Psychology*, 2014 - current

Journal Article Reviewer, *The Sport Psychologist*, 2013 - current

Committee Member, Thesis Award Committee, Association for Applied Sport Psychology, November 2011- current

Member of the United States Olympic Committee Sport Psychology Registry, October 2007- current

Member, CMPC TaskForce, Association for Applied Sport psychology, spring 2018- Fall 2019

Board of Directors, Member, Indiana Soccer Foundation, April 2014 – April 2018

Program Co-Chair, American Psychological Association- Division 47: Sport & Exercise Psychology,
August 2014 – August 2016

Journal Article Reviewer, *International Council of Health, Physical Education, Recreation- Sport and Dance Journal of Research*, November 2011- April 2016.

Chair of the Review Committee, Cohen Peace Conference, Ball State University, Spring 2013, Spring 2016

At-Large Member, Strategic Planning Task Force, Association for Applied Sport Psychology, April 2015 – December 2015

Journal Article Reviewer, *Athletic Insight*, August 2010 – November 2015

Conference Abstract Reviewer, Association for Applied Sport Psychology, 2012, 2013, 2015, 2016, 2018
Conferences

Host of the Midwest Sport and Exercise Psychology Symposium, February 2010, February 2015

Committee Member, Public Interest Committee, American Psychological Association- Div 47, February 2012- August 2014

Journal Article Reviewer, *Journal of Coaching Education*, February 2007- August 2012

Committee Member, Sport Steering Committee, NASPE, American Association of Health, Physical Education, Recreation and Dance, March 2012 – December 2013

Task Force Chair, Benefits of Youth Sport, Sport Steering Committee, NASPE, American Association of Health, Physical Education, Recreation and Dance, March 2012 – April 2013

Editorial Board Member, *Journal of Coaching Education*, February 2007- December 2012

Guest Reviewer, *Asian Women Journal*, June 2011

Abstract Reviewer for the AAHPERD NASPE Program Convention, March 2010- September 2010

Faculty Advisor, Midwest Sport and Exercise Psychology Symposium, August 2009-February 2010

Expo 2009 Program Committee Member, Association for Applied Sport Psychology, May 2008- Sept. 2009

Editorial Board Member, *Journal of Coaching Education*, February 2007- May 2009

Conference Abstract Review Committee, American Psychological Association-Division 47, 2007

Guest Journal Article Reviewer, *The Sport Psychologist*, Fall 2006

Mississippi Childhood Obesity Task Force, Mississippi Nurses' Foundation, Summer 2006- Winter 2006

UNIVERSITY SERVICE

Faculty Athletics Representative, Ball State University, Muncie, IN, June 2017- current

New Faculty Academy Facilitator, Ball State University, Muncie, IN, January 2017 – current

Committee Member, Athletics Committee, Ball State University, Muncie, IN, August 2017 - current

Advisory Board member, Center for Peace and Conflict Studies Board, Ball State University, Muncie, IN,
August 2010 – Present

Committee member, Cohen Peace Fellowship Award Committee, Ball State University, Muncie, IN, August
2011 – Present

Committee member, Advisory Council member to Associate Provost of Research. Ball State University,
Muncie, IN, September 2013 – June 2017.

Member, College of Applied Science and Technology Scholarship Committee, Ball State University,
Muncie, IN, September 2015 – September 2016.

Committee Member, University Graduate Education Committee, Ball State University, Muncie, IN, Fall
2010-August 2016
Subcommittee Chair: Faculty Affairs Fall 2010 – Spring 2011, Fall 2012- Spring 2013, August 2014-
August 2016
Subcommittee Chair: Student Awards Fall 2011- Spring 2012
Subcommittee: Thesis Award Fall 2010 – Spring 2011

Member, College of Health Governance Committee, Ball State University, Muncie, IN, November 2015 –
July 2016

Member, Ad Hoc Committee, Faculty Retention Committee, Ball State University, Muncie, IN, November
2014 – December 2015

Conflict Resolution Instructor for Workshop, Ball State University Police, Ball State University, Muncie, IN
April 2015

Acting Director, Center for Peace and Conflict Studies, Ball State University, Muncie, IN, January 2014 –
June 2014

Adviser, Ball State University Women's Club Soccer, Ball State University, Muncie, IN, Spring 2010- Fall
2012

Member, Friendship Family for Ball State University International Student, Rinker Center for International
Programs, March 2010- August 2011

Committee Member, Summer Grants, Improve. of Instruction Review Committee, University of Southern Mississippi, Hattiesburg, MS, Sept. 2006-March 2007

Performance Enhancement Consultant for USM Athletic Teams, University of Southern Mississippi, Hattiesburg, MS December 2005-2008

SCHOOL/DEPARTMENT SERVICE

Program Coordinator, Graduate Sport and Exercise Psychology Program, August 2009- current
School of Kinesiology, Ball State University, Muncie, IN

Committee Member, College of Health Program Development Specialist, Faculty Search Committee,
August 2017- Fall 2018
College of Health, Ball State University, Muncie, IN

Committee Chair, Exercise Psychology Faculty Search Committee, September 2016 – May 2017
School of Kinesiology, Ball State University, Muncie, IN

Committee Member, Promotion and Tenure Committee
August 2014 – August 2016 (Secretary 2015 – August 2016)
School of Kinesiology, Ball State University, Muncie, IN

Chair, Robert Korsgaard Outstanding Graduate Student Award committee, Spring 2010; Spring 2011, Spring 2012, Spring 2013, Spring 2014, Spring 2015, Spring 2016, Spring 2017, Spring 2018
School of Kinesiology, Ball State University, Muncie, IN

Committee Member, Clinical Exercise Physiology Program Coordinator, Faculty Search Committee,
December 2014 – March 2015
School of Kinesiology, Ball State University, Muncie, IN

Faculty Mentor, School Mentoring Program, August 2010 – May 2013
School of Kinesiology, Ball State University, Muncie, IN

Committee Member, Clinical Exercise Physiology, Faculty Search Committee, October 2013 – March 2014
School of Kinesiology, Ball State University, Muncie, IN

Member, School Salary Committee, August 2009-August 2010, August 2012 – August 2014
School of Kinesiology, Ball State University, Muncie, IN

Adviser, Ball State University Sport Psychology Club, Ball State University, Fall 2010-Fall 2012

Committee Chair, Ad Hoc American Kinesiology Association Membership Committee, May – Oct 2011
School of Kinesiology, Ball State University, Muncie, IN

Committee Chair, Exercise Psychology Faculty Search Committee, September 2011 – April 2012
School of Kinesiology, Ball State University, Muncie, IN

Member, Sport Administration Tenure-Track Search Committee, January 2010 – March 2010
School of Kinesiology, Ball State University, Muncie, IN

Member, Faculty Group who completed the NASPE Accreditation Portfolio for the Undergraduate Sport Coaching Education Program. 2006-2008 (accreditation received Fall 2008)
School of Human Performance and Recreation, University of Southern Mississippi, Hattiesburg, MS

Program Coordinator, Undergraduate and Graduate Sport Coaching Education Program, March 2006-
August 2008
School of Human Performance and Recreation, University of Southern Mississippi, Hattiesburg, MS

Mentor, HPR Graduate Teaching Assistants, Fall 2006-August 2007
School of Human Performance and Recreation, University of Southern Mississippi, Hattiesburg, MS

Faculty Advisor, Students in Sport Coaching Club, March 2006- May 2007
School of Human Performance and Recreation, University of Southern Mississippi, Hattiesburg, MS

Exhibitor, The University of Southern Mississippi Booth for Graduate Programs in Sport Administration and Coaching Education, Gatorade/Mississippi All-Sports Clinic, Jackson, MS, July 2006

Committee Member, Undergraduate Curriculum, Fall 2005- Spring 2006
School of Human Performance and Recreation, University of Southern Mississippi, Hattiesburg, MS

Coordinator, Sport Coaching Education Student Workshop, March 21, 2006
Hosted at the University of Southern Mississippi

COMMUNITY SERVICE

Performance Enhancement Consultant for athletes in Central Indiana, May 2009- current

Public/community, Burmese Refugee Ministry Steering Committee, St. Luke's UMC, Local, Committee Member, September 2010 – August 2013

Performance Enhancement Consultant for athletes in southern Mississippi area, January 2007- August 2008

Select Soccer Coach, Hattiesburg Youth Soccer Association, Hattiesburg, MS, August 2005-July 2007

Select Soccer Coach, West Virginia United, Morgantown, WV, March 2002-June 2005

The Shack Neighborhood House, Morgantown, WV, September 2002- March 2004
Developed/ implemented an Anger Management Program (PRIDE) for at risk children in 4th-8th grade

PERFORMANCE ENHANCEMENT EXPERIENCE

Collegiate Athletics:

Clientele: Women's Soccer, Crew, Softball, Basketball, Golf teams & individual male and female athletes and coaches from a variety of sports

Tasks: Organized and led team psycho-educational sessions; Conducted psychological skills training sessions; Facilitated team building activities; Observed team training sessions and competitions;

Conducted assessments and provide feedback; Worked with athletes and coaches on individual performance and personal issues

Corporate Experience:

Clientele: University Health Science Research Department

Tasks: Facilitated and led team building activities and discussions

Supervisor: Ed. Etzel, Ed.D., West Virginia University

Exercise Adherence:

Clientele: Individual exercisers from the Disease Prevention Program at WVU Hospitals' Human Performance Lab

Tasks: Conducted assessments and provided feedback on various exercise adherence related issues; Led semi-structured interviews with individual exercisers; Taught psychological skills such as self-monitoring, goal setting, priority management, cognitive restructuring to individual exercisers; Met informally with exercisers when providing check-ins

High School:

Clientele: Girls' and Boys' Soccer teams, Girls' Basketball team, coaches, golfers

Tasks: Organized and led team psycho-educational sessions; Conducted psychological skills training sessions; Facilitated team building activities; Observed team's training sessions and competitions; Worked with athletes and coaches on individual performance and personal issues

Youth:

Clientele: Youth Baseball/Softball Organization, Boys' Hockey team, soccer teams, individual athletes and coaches

Tasks: Organize and lead team psycho-educational sessions; Facilitate team building activities; Work with athletes and coaches on individual performance and personal issues

CERTIFICATIONS

United States Olympic Committee Sport Psychology Registry

Certified Mental Performance Consultant, Association for Applied Sport Psychology

Double-Goal Coach, Positive Coaching Alliance

National Board for Certified Counselors, #203802

TRAINING

Ball State University Workshop, Mixing F2F and Online Instruction. (December 2015).

Ball State University Workshop, Working with a Multigenerational Workforce. (April 2015).

Association for Applied Sport Psychology Mentoring Workshop, 6 hours, September 2011

Google Documents: 3-day workshop, BSU, May 2011

Moving Your Course Online- Policy, Procedure, and Process, BSU, April 2011

Faculty Panel: Assessing Student Learning in Online Courses, BSU, April 2011

Blackboard: Blogs, Discussion Boards, Journals and Wikis, BSU, March 2011

Made for Learning: Apple in Higher Education, Teaching & Learning Advancement, BSU, March 2010

inQsit- Creating Online Surveys, Information Technology Training, BSU, October 2009

Blackboard: Grade Center, Information Technology Training, BSU, September 2009

Clicker Workshop- Using Clickers to Encourage Engaged Learning, Teaching & Learning Advancement, BSU, April 2009

Managing Group Projects, Teaching & Learning Advancement, BSU, April 2009

Video on Demand: Fair Use Clips for Your Classroom, Information Technology Training, BSU, December 2008

The Grants Dollars Trilogy, Part II, Training and Development, Ball State University, November 2008

Horizon Wimba: Live Classroom training, University of Southern Mississippi, January 2007

WebCT Upgrade Pilot Training: Intro to CE 6.0, University of Southern Mississippi, August 2006

Grant Writing Workshop, University of Southern Mississippi, June 2006

SCHOLASTIC AWARDS/SCHOLARSHIPS

Distinguished Contributions to Public Interest Award, Society for Sport, Exercise, and Performance Psychology, American Psychological Association (Div 47), National, August 2018.

Outstanding Professor by the Student Government Association, Student Government Association, Ball State University, April 2018.

Fellow, The Executive Journey Fellowship for Indiana Leaders in Youth Development, Lilly Inc, 2016

Georgia Southern University, Top 40 Under 40, Inaugural Class of 2014

Georgia Southern University Athletics Hall of Fame, Class of 2014

Outstanding Teacher (Tenure-Track), School of Kinesiology, Ball State University, 2012

Academic Keys Who's Who in Health Sciences Education, 2006, 2009

College of Health, University of Southern Mississippi, Emerging Scholar Nomination, 2008

Sport Psychology Graduate Student of the Year, West Virginia University, 2003-2004

Arlene G. and Louise Stone Swiger Doctoral Teaching Fellowship, West Virginia University, 2001-2004

President's Service Award, West Virginia University, 2003

American Association of University Women Graduate Scholarship, Georgia Southern University, 2000

Dorothy Hicks Southern Conference Graduate Scholarship, Georgia Southern University, 2000

PROFESSIONAL SOCIETIES/ORGANIZATIONS

Association for Applied Sport Psychology, 1998-present

American Psychological Association, 2002-present

Division 47: Sport, Exercise, and Performance Psychology, 2002-present

Division 48: Peace Psychology, 2011-present

International Council for Health, PE, and Recreation- Sport and Dance, 2010-2015

National Soccer Coaches Association of America, 2004-2014, 2016

Indiana Alliance for Health, PE, Recreation and Dance, 2010-2014

North American Society for Sport Sociology, 2014 – 2015

Society for Health and Physical Education (Formerly) American Alliance for Health, Physical Education, Recreation, and Dance), 2005 - 2014

National Association for Girls & Women in Sport, 2005-2013

National Association for Sport and Physical Education, 2005- 2013

North American Society for the Psychology of Sport and Physical Activity, 2006-2010

National Board for Certified Counselors, 2005-2010

American Counseling Association, 2002-2007